

# **QUINTET NEWS**

**FOR THE BENEFICE OF  
AYLMERTON  
BEESTON REGIS  
GRESHAM  
EAST RUNTON  
WEST RUNTON**

**NOVEMBER 2021**

**FREE**

## HELLO FROM JEREMY

Dear Friends,

As I write Autumn is definitely upon us, with Autumn storms and our gardens and green spaces thick with fallen leaves. Just as the calendar year has its pattern of seasons, so does the Church year, September and October being the harvest season and November being the time for Remembrance.

Firstly when we remember all those who have died and whose memories are dear to us at our annual All Souls Service.

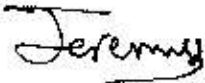
Then the following week we have our national commemoration of Remembrance Sunday where we remember all those who fell serving their country in the two world wars and conflicts and wars since then. Including ten men who are buried in our four churchyards.

Each of our five Churches will be holding a Remembrance Service, details of which can be found later in this Newsletter.

Remembrance is also something that the church is very good at, as Sunday by Sunday when we gather, we remember a meal that took place over 2000 years ago when Jesus celebrated the last supper with his friends, a meal that itself remembered events, thousands of years before where God saved the Jewish people from slavery in Egypt.

It is important for us to remember, as it links us with the past, and helps us hopefully to learn from history. So please do join us for our acts of remembrance this month.

All my love.



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## **REGULAR GIVING & GIFT AID CLAIMS**

Parish giving in the Church of England has slumped by about £40 million during the covid-19 pandemic. Figures presented to the Archbishops' Council are said to show a 7.8% fall in income compared with 2019. The levels vary across the 42 dioceses: some have experienced a drop approaching 20%, while others have barely been affected.

Here in the Quintet Benefice, we too have suffered a loss of income due, partly, to a reduction in the amount put into the collection plate.

We are very grateful to all those church members who pay a regular amount by Standing Order and would strongly urge anyone who does not currently pay in this way to seriously consider doing so.

Can we also urge everyone to consider increasing the amount that they give and if you are able to make an increase, no matter how small, that would be greatly appreciated.

If you are a UK tax payer, please consider filling in a Gift Aid Form. The church can claim the tax you have paid back from HMRC – which is an extra 25p for every £1 you donate, or put another way, it increases your donation by 25% – that is so long as you have paid the basic rate of tax and make the donation from your own funds.

The church can also claim Gift Aid under the Small Donations Scheme for collections. Under these circumstances, please pay by cash, either in your envelopes or in not more than £20 notes, as we cannot claim Gift Aid under this scheme on cheques or large denomination notes.

If you require any further details, either about paying by Standing Order or about Gift Aid, then please speak to one of the Benefice Gift Aid Officers or one of the Treasurers.

Thank you.

## SERVICES IN THE BENEFICE

	<b>Sunday 7<sup>th</sup> November 3<sup>rd</sup> Sunday before Advent</b>  <i>(Red)</i>	<b>Sunday 14<sup>th</sup> November 2<sup>nd</sup> Sunday before Advent</b>  <b>Remembrance Sunday</b>  <i>(Red)</i>	<b>Sunday 21<sup>st</sup> November Christ the King</b>  <i>(White)</i>	<b>Sunday 28<sup>th</sup> November Advent Sunday</b>  <i>(Purple)</i>
<b>St John the Baptist Aylmerton</b>		<b>10.15am</b> <i>Morning Prayer &amp; Act of Remembrance</i>		<b>9.15am</b> <i>Eucharist</i>
<b>All Saints Beeston Regis</b>	<b>9.15am</b> <i>Eucharist BCP</i>	<b>10.45 am</b> <i>Remembrance Sunday</i>	<b>11.00am</b> <i>Morning Prayer</i>	<b>11.00am</b> <i>Eucharist</i>
<b>St Andrew's East Runton</b>	<b>9.15am</b> <i>Eucharist</i>	<b>10.30am</b> <i>Remembrance Service</i>	<b>9.15am</b> <i>Eucharist</i>	<b>9.15am</b> <i>Eucharist</i>
<b>Holy Trinity West Runton</b>	<b>11.00am</b> <i>Sung Eucharist</i>	<b>10.45am</b> <i>Act of Remembrance &amp; Sung Eucharist</i>	<b>11.00am</b> <i>Sung Eucharist</i>	<b>11.00am</b> <i>Sung Eucharist</i>
<b>All Saints Gresham</b>	<b>11.00am</b> <i>Eucharist</i>	<b>10.45am</b> <i>Remembrance Service</i>		

To protect each other, and particularly those who are clinically vulnerable, we are asking that everyone who attends Church continues to wear a face covering and, where possible, to maintain social distancing.

Communion will only be given as bread, and the priests will continue the rigorous hygiene protocols that are in place including the wearing of a face covering when distributing the bread.

For those who feel that they would still prefer to join us from home, we will, for the present, continue to live stream West Runton's weekly service.

## READINGS FOR NOVEMBER – YEAR B & C

<b>Sunday 7<sup>th</sup> November 3<sup>rd</sup> Sunday before Advent</b>	<b>Jonah 3. 1–5, 10</b>	<b>Hebrews 9. 24–end</b>	<b>Mark 1. 14–20</b>
<b>Sunday 14<sup>th</sup> November 2<sup>nd</sup> Sunday before Advent Remembrance Sunday</b>	<b>Daniel 12. 1–3</b>	<b>Hebrews 10. 11–14, 19–25</b>	<b>Mark 13. 1–8</b>
<b>Sunday 21<sup>st</sup> November Christ the King</b>	<b>Daniel 7. 9–10, 13, 14</b>	<b>Revelation 1. 4b–8</b>	<b>John 18. 33–37</b>
<b>Sunday 28<sup>th</sup> November Advent Sunday</b>	<b>Jeremiah 33. 14–16</b>	<b>1 Thessalonians 3. 9–end</b>	<b>Luke 21. 25–36</b>

### WALSINGHAM CELL OF OUR LADY AND HOLY TRINITY

The Walsingham Cell has great pleasure in welcoming Bishop David Leake to our next meeting on **Thursday 4 November, at 2.30pm, in the Church Hall, West Runton**. Everyone is very welcome to come along to hear Bishop David give a very interesting talk about his “Early Years in Argentina”. Refreshments provided.

## **SAFEGUARDING, HELP AND ADVICE**

We take safeguarding very seriously, at all of the Benefice Churches and care about all those we seek to serve within our churches and our communities.

We conform to the policy of Norwich Diocese which can be found at <https://www.dioceseofnorwich.org/about/safeguarding>

If you believe that either yourself or someone you know may be at risk of harm or neglect, please contact Rev. Jeremy to discuss your concerns and what the next steps might be.

Alternatively, you may contact the Norwich Diocese Safeguarding Team by email at [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org) or by telephone on: 1603 882345.

If you or someone you know is in immediate danger of being harmed then please call 999 to be advised by the emergency services.

## **OPEN THE BOOK AT GRESHAM**

We are starting discussions with Gresham School about resuming “Open the Book” with them. Open the Book (“OtB”) offers primary school children an opportunity to hear key Bible stories told by a team of Christians from local churches. Each presentation takes around 10–15 minutes and can be incorporated into a wider school assembly or can stand alone.

If you were involved before and would like to do it again, or if you feel you would like to get involved in this work, please let Jeremy know, so that we can hopefully put a team together.

## NEWS FROM THE QUINTET BENEFICE

### BEESTON REGIS

**ADOPT PART OF THE GARDEN OF REMEMBRANCE AT ALL SAINTS CHURCH BEESTON REGIS** — For several years now Gary and Jenny Linder have looked after the Garden of Remembrance to the right-hand side of the main gate as you enter the churchyard at All Saints Church. The church is now looking for volunteers who are willing to devote a small amount of time on a regular basis to help look after the Garden of Remembrance at the church. It is hoped that volunteers will adopt small parts of the flower borders, tending and weeding them and perhaps enhancing or replacing some of the existing planting, bring more colour and variety to the garden. So if you have loved ones buried at All Saints or have had their ashes spread, or just fancy spending some time in the tranquillity of the churchyard, we would love to hear from you.

Please either contact Gary or Jenny direct on 01263 822990 or, alternatively, have a word with any member of the PCC.



**WANTED! TOYS AND GAMES** — The PCC, with Jeremy, are exploring opening up a children's ministry at All Saints in the future. As part of this, we are joyfully refurbishing our children's corner in the church building. Our teddy bears have been through the washing machine (successfully!) and would like some new friends! If you have any soft toys, in good condition, that would like to move to Beeston, please do drop them into the back of the church on weekdays between 10.00am and 4.00pm or on Sundays at service times. We are also seeking any (small) play equipment, toys or games, in "nearly new" condition and complete. We are not sure yet what age group we will be focusing on but suggest toys for age 2+ and games for 4-12 year olds. Thank you for any contributions you can make to creating a safe, happy play and learning space for visiting children. For further information contact Amanda Wooster.

**FORTHCOMING CHILDREN'S WORK** — At All Saints, Beeston Regis, we are praying for, and preparing to open up, a Ministry to children. We are also exploring hosting a Children's Mission in the form of a Holiday Club.

We seek to reach the children living in, being schooled in, or attending clubs in our parish. We also intend to reach out to those visiting Beeston and the surrounding area for holidays.

In October we prayed, weekly, for God to take us to His children and for them to be brought to us.

In November we are praying, regularly, for God to raise up people with the right talents and energy to be involved.

It would be wonderful if you could pledge to pray too, thank you.

**CONGRATULATIONS!** – Belated Birthday blessings to John Meikle who celebrated his 90th birthday in October.

## **EAST RUNTON**

**REMEMBRANCE SUNDAY** – Please note that there will be a later than usual start to our service. **The Service will start at 10.30am** and will incorporate the two minutes silence.

**COFFEE MORNING** – This was held in the Village Hall on Saturday 16<sup>th</sup> October and raised an amazing £397! We offer our grateful thanks to everyone who came and supported it. Please note that 10% of all that is raised goes into a “Disaster Fund”, so that wherever throughout the world there is a disaster, we can respond in some small way.

**HOLD THE DATE!** – Encouraged by the success of the Coffee Morning we will be holding a **CHRISTMAS COFFEE MORNING ON SATURDAY 4<sup>TH</sup> DECEMBER FROM 10.00AM TO 12 NOON IN THE VILLAGE HALL.** All sorts of delights will be on offer, including the usual cakes, raffle, bric-a-brac, books, and gifts. Do come and join in the fun. We do request face coverings be worn, please.

Jean Steward



## WEST RUNTON

**BOOK SALES/COFFEE MORNINGS** — The return of the weekly Book Sales/Coffee Mornings have been very successful and since August we have raised over £700 for much needed funds for the church.

The sessions for November will be held from **10.00am to 12 Noon in the Church Hall, West Runton on Friday 12<sup>th</sup> November, Friday 26<sup>th</sup> November. *Please note we will be cutting down on the sale of books from 12<sup>th</sup> November.***

**\*\*\*CANCELLED\*\*\*** — The Coffee Morning planned for Friday 10<sup>th</sup> December has been cancelled.

**PRE-CHRISTMAS GET TOGETHER — SATURDAY 11<sup>TH</sup> DECEMBER FROM 10.00AM TO 1.00PM IN THE CHURCH HALL, WEST RUNTON** – Join us in the morning for coffee and scones and then stay on for a lunch of soup & bread roll and sausage rolls.

There will be various stalls from which you can buy your last Christmas presents.

If you can offer help at this event, please contact Janice Williams or Rosemary Large.

Help us go out on a high and look forward to a more normal 2022!

## AYLMERTON

**REMEMBRANCE SUNDAY SERVICE** – A reminder that the **Service starts at 10.15am in church** and finishes at the War Memorial for an Act of Remembrance at 11.00am.

**CAKE STALL** – We have been holding a Cake Stall at the West Runton's Book Sales and Coffee Mornings to raise money for Aylmerton Church. We have been very successful and hope to be able to reach in excess of £400. Please come and support us!

## GRESHAM

### **GREAT NEWS! ALL SAINT'S, GRESHAM IS NOW OPEN!**

The **OPEN WEEK** at the Church in October went well with over 50 visitors to the church enjoying a short tour and some refreshment. All were impressed by the fresh look and feel of the repaired and distempered walls and newly restored East window, in particular. Our thanks to everyone who visited.

As part of the project there will be a series of **History Lectures** in the church. **All are welcome to these free lectures, which will be followed by refreshments.**

The first is on **Wednesday 3<sup>rd</sup> November at 7.00pm** when **John Paston 1**, fifteenth century owner of Gresham Castle, will be speaking.

Then, on **Thursday 25<sup>th</sup> November at 7.00pm** Mr Simon Kinder, Head of History at Gresham's School, will lecture on "**The Gresham Family**". A special guest will also be present.

Our first **Concert** is on **Wednesday 10<sup>th</sup> November at 7.30pm** when a local singing group "**The Samphires**" will be performing in the church. **All are welcome to this free concert followed by refreshments.**

There will be more details about the **Art Exhibition**, to be held in the church during the weekend of 11<sup>th</sup> and 12<sup>th</sup> December, in the next Quintet.

Julia Drury, Chair, The Friends of All Saints' Gresham

**A SERVICE OF REDEDICATION AND THANKSGIVING** took place on Sunday 24<sup>th</sup> October, and it was lovely to see the church open and for worship to be taking place once again. Enormous thanks must go to Julia Drury and to all the members of The Friends of All Saints' Gresham for their tireless efforts in raising money for the works to the church to be carried out which have included the installation of a new rainwater dispersal system, repairs to the north chancel roof, tower, windows and re-plastering the nave.

## NOVEMBER WORDSEARCH

Can you find the words listed below, which are related to November, hidden in the grid? They might be found written across, down or diagonally and they may read backwards or forwards. Some letters may be used more than once. Words marked • are shown separately in the table.

Armistice Day; Autumn; Bonfire; Catherine•Wheel; Cenotaph; Chrysanthemums; Fireworks; Flanders•Field; Guy Fawkes; November; Peace; Poppies; Remembrance; Rocket; Thanksgiving; Toffee•Apple; Topaz

B	R	A	P	O	T	N	K	R	H	G	F	W	F
O	O	E	E	F	F	O	T	O	P	U	I	H	Z
N	C	N	M	H	A	V	D	C	A	Y	R	E	U
F	K	F	F	E	Z	E	G	K	T	F	E	E	Y
I	T	I	P	I	M	M	H	E	O	A	W	L	E
R	G	E	E	J	R	B	M	T	N	W	O	A	N
R	F	L	A	N	D	E	R	S	E	K	R	D	I
E	D	D	C	K	E	R	E	A	C	E	K	B	R
L	X	I	E	A	U	T	U	M	N	S	S	N	E
P	W	Y	P	O	P	P	I	E	S	C	O	J	H
P	U	V	W	Z	A	P	O	T	U	P	E	Q	T
A	R	M	I	S	T	I	C	E	D	A	Y	A	A
S	M	U	M	E	H	T	N	A	S	Y	R	H	C
G	J	G	N	I	V	I	G	S	K	N	A	H	T

### DEADLINE FOR DECEMBER'S NEWSLETTER SUNDAY 21<sup>ST</sup> NOVEMBER

Please contact Pam Thompson if you would like an item included in the next Newsletter:

Telephone: 01263 510319

Email: [pamjthompson@outlook.com](mailto:pamjthompson@outlook.com)

# THE BENEFICE OF AYLERTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: [www.quintetbenefice.com](http://www.quintetbenefice.com)

All 01263 Numbers except where stated

The Revd. Jeremy Sykes	The Rectory, Cromer Road, West Runton NR27 9QT Email: <a href="mailto:Jeremy.Sykes@Dioceseofnorwich.org">Jeremy.Sykes@Dioceseofnorwich.org</a> <i>Usual Non-Working Day: Friday</i>	837761
<u>Benefice Administrator</u>	Mrs Ali Wharton – Email: <a href="mailto:quintetchurchesnorfolk@gmail.com">quintetchurchesnorfolk@gmail.com</a> Office open Mondays from 11:00 to 13:00	07880 776720
<u>Licensed Lay Minister (Reader)</u>		
Mrs Pam Thompson	14 Yaxley Loke, Cromer NR27 0FG	510319
<u>Churchwardens</u>		
Aylmerton	Mrs C Burchett, 44 Renwick Park West, West Runton NR27 9LX Vacancy	837647
Beeston Regis	Mr J Meikle, Shannock, Morley Road North, Sheringham NR26 8JB Vacancy	820364
Gresham	Mr R Batt, East Beckham Hall, Otters Lane, E. Beckham NR11 8GA Mr P Campbell, Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	822234 570281
East Runton	Miss J Steward, 78 Central Road, Cromer NR27 9BW Mrs B Wright, 69 Clifton Park, Cromer NR27 9BG	512624 513402
West Runton	Mr P Strudwick, 6 Nelson Road, Sheringham NR26 8BU Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QU	823657 838121
<u>PCC Secretaries</u>		
Aylmerton	Mrs H Dumolo, Church Farm Bungalow, Church Road, Aylmerton	838632
Beeston Regis	Mr D Nightingale, 31 Abbey Park, Beeston Regis NR26 8SR	824389
Gresham/Runton	Vacancy	
<u>PCC Treasurers</u>		
Aylmerton/Gresham	Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QE	838121
Beeston Regis	Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Mrs P May, Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Gift Aid Officers</u>		
Aylmerton/Gresham	Miss J Idiens, Breckwood, Tower Road, Aylmerton NR11 8QG	07775 622333
Beeston Regis	Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Dr R May, Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Bereavement Support</u>		
Pamela Kilgour	Email: <a href="mailto:pamkilgour@yahoo.co.uk">pamkilgour@yahoo.co.uk</a>	837944
<u>Honorary Assistant Priests</u>		
The Revd. Canon W Bestelink	Email: <a href="mailto:wmcbestelink@btinternet.com">wmcbestelink@btinternet.com</a> Mobile: 07909 690073	514045
The Revd. Canon B Oake	Email: <a href="mailto:barryoake@gmail.com">barryoake@gmail.com</a>	514192
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