

QUINTET NEWS

**FOR THE BENEFICE OF
AYLMERTON
BEESTON REGIS
GRESHAM
EAST RUNTON
WEST RUNTON**

JUNE 2021

FREE

HELLO FROM BARRY

Dear Friends,

I write this article with the feast of Pentecost on the horizon. The coming of the Holy Spirit was quite an unforeseen event for the apostles; they had been promised something by Jesus, but they could have had no idea what he meant. The Greek word 'Paraclete' is unique, nobody can quite translate it: 'Comforter', 'Advocate' are two words often used.

It was a promise of courage and ability, as they were to discover as they set about their newfound roles.

I find myself pondering their situation as we face an opening up and tentative relaxation following the improvement in our circumstances (as I write this) in this country with respect to Covid.

The Pentecost celebration of 2021 is certainly seeming to mark the beginning of something new; everyone has been through a most trying year and more, some suffering from the disease, some dying from it, some experiencing great mental stress and strain, especially if they live alone or in abusive relationships. The sudden closure of many social interaction points had the effect of switching life off.

Although this summer is not so far proving the great provider of sunshine that last year did, (making me, oddly to look back on it with something approaching nostalgia for the sun, the quiet and birdsong) the ability to look forward through these cold grey days of May is helping us step out into what will inevitably be a New World. Some may want it not to change, to go back to what it was, but sadly that will not be possible, as almost everything is changing. How do you feel about your first crowded bus trip, or trip to Norwich on the train or a meal in a crowded restaurant or pub?

The love of God will never change, but human circumstances do, and God became man in order to help us understand that he is there, with us. He has been present all through the pandemic, suffering with those who suffer, weeping beside those who mourn.

As signs of hope begin to glimmer on the horizon we look forward to finding him in the fellowship with others, the ability to sing together, the entertainment of family and friends, a shared meal in our own home not in a chilly garden, and the overall spread again of smiles which are not behind masks. (One thing the pandemic has taught is the looking into people's eyes to see if there is a smile in there).

These last months have certainly brought out many good things, in friendship, telephone calls, shopping and caring for our neighbour. While the crisis is not over yet, perhaps we can pray that the Holy Spirit will guide not just Christians but all mankind into becoming more aware, more caring and more loving.

We pray and hope that this summer will see sunshine not only in the skies, but also in people's hearts and futures.

Barry

A Sharing Prayer:

Generous God, we thank you for the *power* of your Holy Spirit. We ask that we may be strengthened to serve you better. Lord, come to bless us and fill us with your Spirit.

We thank you for the *wisdom* of your Holy Spirit. We ask you to make us wise to understand your will. Lord, come to bless us and fill us with your Spirit.

We thank you for the *peace* of your Holy Spirit. We ask you to keep us confident of your love wherever you call us. Lord, come to bless us and fill us with your Spirit.

We thank you for the *healing* of your Holy Spirit. We ask you to bring reconciliation and wholeness where there is division, sickness and sorrow. Lord, come to bless us and fill us with your Spirit.

We thank you for the *gifts* of your Holy Spirit. We ask you to equip us for the work which you have given us. Lord, come to bless us and fill us with your Spirit.

We thank you for the *fruit* of your Holy Spirit. We ask you to reveal in our lives the love of Jesus. Lord, come to bless us and fill us with your Spirit.

We thank you for the *breath* of your Holy Spirit, given us by the risen Lord. We ask you to keep the whole Church, living and departed, in the joy of eternal life. Lord, come to bless us and fill us with your Spirit.

Generous God, you sent your Holy Spirit upon your Messiah at the river Jordan, and upon the disciples in the upper room: in your mercy fill us with your Spirit, hear our prayer, and makes us one in heart and mind. Amen

Common Worship

SERVICES IN THE BENEFICE

We have begun the gradual and cautious reopening of our churches for services. We are currently alternating our services between All Saints, Beeston Regis and Holy Trinity, West Runton. Those who wish to attend will, for track and trace purposes, need to book their place in advance with the relevant Churchwarden and wear a face covering.

On the weeks when the service takes place at Holy Trinity, West Runton, we will “live stream” the service via Zoom, and you are able to join us using the usual link. A reminder of this will be on the Quintet website at www.quintetbenefice.com along with the Order of Service and Hymn sheet.

To join by telephone, dial one of the following numbers:

0203 051 2874 0203 481 5237 0203 481 5240 0203 901 7895

You will be asked for the meeting ID (847 5169 5104) and the Passcode (239946) followed by #, you will then be asked for a participant ID press #, finally you will be asked for the passcode (239946) followed by #. You will then be put into a waiting room until we let you into the service.

Assuming that there is a continued decline in transmission rates and subject to revisions in social distancing rules, we would hope to begin to open up Aylmerton, East Runton and Gresham in due course.

	Sunday 6th June 1st Sunday after Trinity <i>(Green)</i>	Sunday 13th June 2nd Sunday after Trinity <i>(Green)</i>	Sunday 20th June 3rd Sunday after Trinity <i>(Green)</i>	Sunday 27th June 4th Sunday after Trinity <i>(Green)</i>
All Saints Beeston Regis		11.00am <i>Morning Prayer*</i>		11.00am <i>Holy Communion*</i>
Holy Trinity West Runton	11.00am <i>Holy Communion (Will also be on Zoom) ≠</i>		11.00am <i>Holy Communion (Will also be on Zoom) ≠</i>	

* To book a place for a service at All Saints, Beeston Regis please contact John Meikle (01263 820364)

≠ To book a place for a service at Holy Trinity, West Runton please contact Peter Strudwick (01263 823657) or Rosemary Large (01263 838121). This service will also be on Zoom, for those who are still isolating.

St John the Baptist, Aylmerton: Sunday 27th June 3.00pm	Patronal Festival “Songs of Praise!” To book a place please contact Connie Burchett on 01263 837647
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READINGS FOR JUNE – YEAR B

Sunday 6th June 1 st Sunday after Trinity	Genesis 3. 8–15	2 Corinthians 4. 13–15. 1	Mark 3. 20–35
Sunday 13th June 2 nd Sunday after Trinity	Ezekiel 17. 22–24	2 Corinthians 5. 6–10, 14–17	Mark 4. 26–34
Sunday 20th June 3 rd Sunday after Trinity	Job 38. 1–11	2 Corinthians 6. 1–13	Mark 4. 35–41
Sunday 27th June 4 th Sunday after Trinity	Wisdom 1. 13–15; 2. 23–24	2 Corinthians 8. 7–24	Mark 5. 21–43

THE WALSINGHAM CELL — We are looking forward to our first service together, facemask to facemask, at Holy Trinity, West Runton on Thursday 10th June at 7.00pm. Fr David Paskins will be celebrating a Mass for the Shrine of Our Lady, Walsingham. All are welcome to join us. For track and trace purposes, please contact Ali Wharton on quintetchurchesnorfolk@gmail.com and please don't forget to bring a face covering.

REGULAR GIVING — No doubt you are all aware of what a difficult financial year 2020 has been for our churches. General giving, collections, Standing Orders etc., were significantly less than in 2019 and, due to the pandemic, there has not been any fund raising. We are grateful to those church members who were able to pay by Standing Order – this has been of great benefit as their contributions have continued throughout the year whereas collections have not. We are also grateful to our church members who have either put their collection aside in their white envelopes, sent in cheques, or made bank transfers in order to contribute. If you have not yet considered paying a regular amount by Standing Order, could we please ask you to consider doing so.

GIFT AID CLAIMS — If you are a tax payer please consider filling in a Gift Aid Form. Gift Aid is a scheme which means that the church can claim from HMRC an extra 25p for every £1 you donate, or put another way, it increases your donation by 25%. That is as long as you have paid the basic rate of tax and make the donation from your own funds.

If you are not a tax payer then the church can still claim Gift Aid under the Small Donations Scheme for collections. Under these circumstances please do not pay your donations by cheque but pay by cash either in your envelopes or in not more than £20 notes as we cannot claim Gift Aid under this scheme on cheques or large denomination notes.

If you require any further details, either about paying by Standing Order or about Gift Aid then please speak to one of the Benefice Gift Aid Officers or one of the Treasurers.

NEWS FROM THE QUINTET BENEFICE'S ANNUAL PAROCHIAL CHURCH MEETINGS

AYLMERTON

St John the Baptist: At our Vestry Meeting, Connie Burchett was elected as Churchwarden for the coming year. Margaret Mitchell resigned her role as Churchwarden.

The APCM then followed and Clive Mitchell resigned from the PCC and Rev. William Bestelink was elected. The members of the PCC are: Mr & Mrs Dumolo, Rev. & Mrs Bestelink, Mrs Herbing and Mrs Idiens.

The Vestry Meeting and the APCM then closed and a PCC meeting took place. Mrs Rosemary Large agreed to be the Treasurer for the coming year. The following positions were agreed to: Mr Dumolo, Fabric Officer; Mrs Dumolo, PCC Secretary; Mrs Herbing, Electoral Roll Secretary.

It is hoped that St John's might be able to open sometime in June and that to celebrate our Patronal Festival a Songs of Praise could be held on Sunday 27th June at 3.00pm.

Connie Burchett, Churchwarden

A Letter from Clive & Margaret Mitchell: We would like to say a big "Thank You" to all our friends within the Quintet Benefice for their support and understanding of our decision to retire from our duties within the Benefice.

We have now become members of Cromer Church having lived in Cromer for nearly 10 years. Our association with West Runton goes back to 1960 when we used to holiday at Beeston Regis camp site (in Rev. Bloom's time) and our daughter attended Sunday School there. Holidays were then taken at Shaw Cross Road, West Runton. Both our granddaughters were baptised in the Benefice. The eldest by Rev. Paul Atkins in Holy Trinity West Runton, and the youngest by Rev. Peter Davis in St. John the Baptist Aylmerton. In 1994 we retired and moved to Aylmerton from Cambridgeshire. Clive then transferred his Reader's Licence to the Diocese of Norwich.

We have loved our long association with the Benefice. We wish you all the best for the future.

Clive & Margaret

BEESTON REGIS

All Saint's Church: Three meetings were held after the service on Sunday 9th May. These were attended by 13 people as well as Revd J Sykes. At the first meeting John Meikle was elected as Churchwarden. However, there remains a vacancy for the second Churchwarden. Following this, a brief meeting was held to accept the notes made of the procedures followed in 2020 when no formal meeting was held. All those on the Electoral Roll had received a copy of the 2020 Annual Report (including minutes of 2019). These notes were approved ensuring that requirements for 2020 had been properly met.

The final meeting was the 2021 APCM. The Annual Report was received and accepted. The document included a report on the work of the PCC, Financial Report, Fabric Officer's Report, Deanery Synod Report, Safeguarding Report, Flower Arrangers' Report and a report on Sidesmen who were reappointed for next year. The Electoral Roll had increased by 4 people. Deanery Synod Representatives were elected, as were PCC members, although there is still a vacancy on the PCC. The meeting closed with remarks from Revd Jeremy Sykes who offered thanks to all those who had worked for the church and Benefice during the past year and provided some thoughts on the future.

Derek Nightingale, PCC Secretary

GRESHAM

All Saints, Gresham: The meeting took place on Monday 10th May 2021 at Gresham Village Hall. Due to the restrictions associated with the Covid-19 pandemic the PCC were unable to meet in person for the 2020 APCM, so the 2020 APCM reports were duly received and approved by the meeting. The regular APCM reports were presented to the meeting.

The key matters arising from these reports was the discrepancy between the monthly income and monthly expenditure for the church during the last 12 months, partly due to the lack of services during this period, and the discussion and report on the continuing repairs to the church fabric.

Robert Batt

EAST RUNTON

St. Andrew's Church: Barbara and I were re-elected as Churchwardens for another year at the APCM. Thank you, it is a privilege to serve in this way and we will do our best for the church, its congregation and the community.

Kathryn, Elizabeth and Brenda were re-elected to the PCC and Jennifer continues to serve on the Deanery Synod. Madeline and Graham also continue as sidespersons.

A Contractor has been appointed to repair the roof, and we are anxious that work will soon begin. Graham thinks he has emptied around 50 gallons from the dehumidifiers to date! St. Andrew's is in need of a lot of "tlc" at the moment, both inside and outside.

We hope and pray that government restrictions will soon ease, so we can hold services and make plans to bring our church back to life and its former glory.

Jean Steward

WEST RUNTON

Holy Trinity, West Runton: The Annual Meeting of Parishioners was held on Sunday 16th May after the 11.00am Holy Communion Service. There were 28 people present and a further 8 online (Zoom). There were no nominations for the post of Churchwardens and the current Churchwardens for both Holy Trinity and St Andrew's were duly elected.

There followed the Annual Parochial Church Meeting. The following were elected: Lay Chairman Mrs Rita Lewis. Deanery Synod Members (ex officio) Mr J Creasey, Mrs J Elton and Mr N Wharton. Churchwardens (ex officio) Mr P Strudwick, Mrs R Large, Miss J Steward and Mrs B Wright. Other Members Mr P Fitch, Mrs J Williams, Mrs B Hones, Dr and Mrs R May, Mrs K McCrohon, Mrs A Wharton and Mr and Mrs K Thompson.

Mr Rohan Fennell has decided, due to ill health, he can no longer continue to take on the role of PCC Secretary. The meeting was asked for nominations to replace Rohan but, sadly, nobody stepped forward. At the moment Peter Strudwick is taking the minutes of the meetings but, due to all his other commitments, he cannot take on the job full time. If anyone would like to take on this position would they please ring either Peter (823657) or Rosemary (838121). It is not essential to be a member of the Parochial Church Council to be the Secretary.

Various reports were received and accepted. If you would like a copy of the full Minutes, please contact the Churchwardens.

The PCC voted unanimously to license, as a Lay Reader, Mrs Pam Thompson. Father Jeremy thanked her for her support of him since he joined us.

Father Jeremy thanked all who helped keep the show on the road during lockdown. He also thanked the retired clergy – Pat, William and Barry for their help during the vacancy. In particular, he thanked Father John Pawson on our behalf for the many years of service he gave to this Benefice. He then said a big “Thank You” from himself and Lesley for the welcome they have received from the Benefice and said that although they had only been in the Rectory for six weeks it was already feeling like home.

Churchwardens, Holy Trinity and St Andrews

A Message from Pam Thompson: At the APCM’s Fr. Jeremy advised the parishioners that I was currently only temporarily licensed to officiate as a Lay Reader (or as we are now known in the Diocese of Norwich “Licensed Lay Minister”). To be a Licensed Lay Minister requires the agreement of all the PCCs in the Benefice and Fr Jeremy has advised me that the PCCs have unanimously agreed to this.

I started training as a Lay Reader in the Diocese of Southwark in 2003 and was Admitted and Licensed in 2006. I worked at St John the Baptist, Eltham and at Saint Swithun’s, Hither Green. In my first year as a Reader, I was elected to be the Area Representative for Readers in the Woolwich Episcopal Area and was subsequently elected to be the Area Warden for Woolwich. I also served as a Selector of Readers, taking part in the selection process to choose applicants for Reader ministry by assessing their potential for serving and developing as a Reader, and their ability to cope with and benefit from training.

Having moved, with my husband Keith, to Cromer in November 2018 we have been worshipping at Holy Trinity, West Runton and at All Saint’s, Beeston Regis.

I would like to take this opportunity to thank you all for your support and, as the other churches begin to open, we very much look forward to worshipping with you and getting to know you.

Subject to the covid-19 restrictions it is envisaged that I will be “Welcomed” formally into the Diocese at a service in Norwich Cathedral on 18th September.

Pam Thompson

NEWS

New Bishop of Lynn Announced — It was recently announced that Her Majesty The Queen has approved the nomination of The Venerable Dr Jane Steen, currently Archdeacon of Southwark, to be the next Bishop of Lynn. We look forward to Jane visiting us in the Quintet Benefice and ask that you hold Jane and her husband, Pip, in your prayers as they prepare for their move over the coming weeks.

Jane will be consecrated in Norwich Cathedral on Wednesday 23rd June 2021, the first suffragan bishop to have been consecrated in Norwich Cathedral for over 100 years, if not ever. Suffragan bishops are usually consecrated in London and York, but this has been altered due to the COVID-19 pandemic.

Runton Parish Council — Meetings are usually held on the fourth Tuesday in the month. The next meeting is scheduled for Tuesday 22nd June at 7.15pm. Members of the public are most welcome, and there is an open session at the start of the meeting when any member of the parish can address the meeting. Some Councillors are available from 7.00pm for any individual questions or comments on a one-to-one basis.

Meetings will be held by the Zoom platform remotely until further notice. Please contact the Clerk on 01263 512214 or email runtonpc@aol.com to receive a link to the meeting.

RECEIVE THE LATEST NEWS DIRECTLY INTO YOUR INBOX EACH MONTH

Would you like to receive the Quintet Newsletter by email? If so, then please contact Ali Wharton, the Benefice Administrator by emailing her at quintetchurchesnorfolk@gmail.com.

DEADLINE FOR JULY'S NEWSLETTER

The deadline for July's Newsletter is Sunday 20th June. If you would like an item included in the Newsletter then please contact Jenny or Pam—

Jenny Barrie:
07727 188837
jennybarrie27@gmail.com

or
Pam Thompson:
01263 510319
pamjthompson@outlook.com

DATES FOR THE DIARY

SUMMER LUNCHTIME CONCERTS HOLY TRINITY CHURCH, WEST RUNTON

There will be a series of lunchtime concerts taking place every Wednesday from 12:30pm to 1:30pm. Admission is Free but there will be a Retiring Collection.

Bring your lunch and enjoy a coffee or tea with us.

Car parking is next door to the Rectory.

7 th July	Mark Jones – Organ
14 th July	Martyn Marshall – Organ
21 st July	John Farmer – Organ & Piano
28 th July	Jonathan Hill – Organ
4 th August	Tim Patient – Organ
11 th August	Zaira Palumbo & Alan Morris – Soprano & Organ
18 th August	Jim Laird – Organ
25 th August	Richard Walker – Organ
1 st September	Scarlett Askew – Flute

THE BENEFICE OF AYLERTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: www.quintetbenefice.com

All 01263 Numbers except where stated

The Revd. Jeremy Sykes	The Rectory, Cromer Road, West Runton NR27 9QT Email: Jeremy.Sykes@Dioceseofnorwich.org Usual Non-Working Day: Friday	New Number: 837761
<u>Benefice Administrator</u>	Mrs Ali Wharton – Email: quintetchurchesnorfolk@gmail.com Office open Mondays from 11:00 to 13:00	07880 776720
<u>Reader</u>		
Mrs P Thompson	14 Yaxley Loke, Cromer NR27 0FG	510319
<u>Churchwardens</u>		
Aylmerton	Mrs M Mitchell , Apt. 6 Seafields, Cliff Avenue, Cromer NR27 0AN Mrs C Burchett , 44 Renwick Park West, West Runton NR27 9LX	519229 837647
Beeston Regis	Mr J Meikle , Shannock, Morley Road North, Sheringham NR26 8JB Vacancy	820364 8
Gresham	Mr R Batt , East Beckham Hall, Otters Lane, E. Beckham NR11 8GA Mr P Campbell , Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	822234 570281
East Runton	Miss J Steward , 78 Central Road, Cromer NR27 9BW Mrs B Wright , 69 Clifton Park, Cromer NR27 9BG	512624 513402
West Runton	Mr P Strudwick , 6 Nelson Road, Sheringham NR26 8BU Mrs R Large , Wild Orchids, The Common, West Runton NR27 9QU	823657 838121
<u>PCC Secretaries</u>		
Aylmerton	Mrs H Dumolo , Church Farm Bungalow, Church Road, Aylmerton	838632
Beeston Regis	Mr D Nightingale , 31 Abbey Park, Beeston Regis NR26 8SR	824389
Gresham/Runton	Vacancy	
<u>PCC Treasurers</u>		
Aylmerton/Gresham	Mrs R Large , Wild Orchids, The Common, West Runton NR27 9QE	838121
Beeston Regis	Mr M R Braybrook , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Mrs P May , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Gift Aid Officers</u>		
Aylmerton/Gresham	Miss J Idiens , Breckwood, Tower Road, Aylmerton NR11 8QG	07775 622333
Beeston Regis	Mr M R Braybrook , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Dr R May , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Bereavement Support</u>		
Pamela Kilgour	Email: pamkilgour@yahoo.co.uk	837944
<u>Honorary Assistant Priests</u>		
The Revd. Canon W Bestelink	Email: wmcbestelink@btinternet.com Mobile: 07909 690073	514045
The Revd. Canon B Oake	Email: barryoake@gmail.com	514192
The Revd. P Baggaley	Email: patriciabaggaley@gmail.com	837490
The Rt Revd. D Leake	The Anchorage, Lower Common, East Runton NR27 9PG	513536
The Revd. D Paskins	8 Blackthorn Avenue, Holt NR25 6TY	715905