

QUINTET NEWS

**FOR THE BENEFICE OF
AYLMERTON
BEESTON REGIS
GRESHAM
EAST RUNTON
WEST RUNTON**

FEBRUARY 2021

FREE

HELLO FROM JEREMY

Dear Friends,

I write to say a big “Thank You” to everyone who made the effort to join us for my licencing service on 18th January, which took place in somewhat unusual circumstances. Although there were only a few of us in Church I understand there were sixty-six households who joined us on Zoom by computer, tablet and phone, from the five churches and further afield.

Can I take this opportunity to say a big “Thank You” to all the Church Wardens, Ali Wharton, and all of the Ministry team who have helped to keep the parishes running smoothly prior to my appointment and licensing.

As you know, because of the current threat from Covid-19, following guidance from Bishop Graham, we have decided to close the churches and move our worship online. It would have been wonderful to have been able to stream our service in turn from all our churches. However, to do this we need to have a good mobile phone signal, and to be able to have hymns and music each church would need broadcasting licences (which are not cheap). For these reasons our live streamed services will be taking place on Zoom from Holy Trinity.

I thought in this my first piece for the newsletter, I would tell you a little about myself.

I am 57 years old and am married to Lesley who works for Victory Housing Trust. After leaving university I managed a restaurant for three years and then, for ten years, I worked for H.M. Customs and Excise. I worked mainly in Value Added Tax, but also in the computer support unit and, for a short time, tried out customs work at Luton airport. Whilst a student I had a variety of summer jobs including installing night-club lighting, van driving and agricultural labouring.

After completing theological training firstly on the St Albans Diocese Ministerial Training Scheme and then at Ripon College Cuddesdon, Oxford. I was ordained Deacon at St Edmundsbury Cathedral in 1999 and then Priest in 2000.

I served my title as a curate in Ipswich at St Mary Le Tower Church, which is the Civic church for Ipswich. In 2002 we moved to Briston where I have been Priest in Charge and then Rector of Briston, Burgh Parva, Hindolveston and Melton Constable for the last eighteen years.

My interests include, walking, sailing, cycling, reading, cooking and brewing real ale.

We have been told that hopefully we will be able to move into the West Runton Rectory at the beginning of March and we are looking forward to getting to know as many of you as possible, over the next weeks, and months, and as life will, hopefully, begin to get back to something like normal. Please continue to keep us in your prayers.

Keep safe and may God bless you all.

Jeremy

WELCOME TO JEREMY AND LESLEY

It is a great pleasure to welcome Jeremy and his wife, Lesley, to the Benefice. Thank you for coming to be amongst us – you are both very welcome and our thoughts and prayers are with you. We look forward to getting to know you both and to the time when we can all meet again to worship and work together.

We also thank Canon William Bestelink, Rev. Pat Baggaley, and Canon Barry Oake for all the work they have undertaken through the vacancy.

At the Licensing and Installation Service the Bishop of Lynn, the Rt. Revd. Jonathan Meyrick gave this blessing to Jeremy and the Ministry Team members—

“Almighty God,

We pray for your blessing upon these your servants whom you have called to the ministry of word and sacrament, of mission, evangelism and pastoral care. Grant to them the gifts they need to fulfil their calling in this community;

keep them true in heart and mind and strengthen them daily by your Holy Spirit.

Pour upon them your grace and goodness and grant that as they work together and support each other, so they may encourage and nurture the gifts and ministries of all your people.

This we pray for the glory of your Holy Name,

Through Jesus Christ our Lord.

Amen.”

SERVICES IN THE BENEFICE

Having considered the current covid-19 restrictions and the rising levels of the virus within North Norfolk, we have reluctantly made the decision to close our churches for services of worship and private prayer. We will be reviewing the situation regularly so please continue to visit the quintet website for updates.

However, a service will be streamed live each Sunday at 11.00am and on Ash Wednesday at 7.30pm. To join the Zoom Meeting click on the following link:

<https://us02web.zoom.us/j/84751695104?pwd=Z2F3eVIQMENaaUdvMHNjVfZkZkK3I4QT09> or type the address into the browser. The Meeting ID is: 847 5169 5104 and the Passcode is 239946.

To join by telephone, dial one of the following numbers:

0203 051 2874 0203 481 5237 0203 481 5240 0203 901 7895

You will be asked for the meeting ID (as above) followed by #, you will then be asked for a participant ID press #, finally you will be asked for the passcode (as above) followed by # you will then be put into a waiting room until we let you into the service.

Alternatively, please see the “services page” on the website for joining details and an order of service. The quintet website address is: www.quintetbenefice.com

	Sunday 7 th February 2 nd Sunday before Lent <i>(Green)</i>	Sunday 14 th February Sunday next before Lent <i>(Green)</i>	Wednesday 17 th February Ash Wednesday <i>(Purple)</i>	Sunday 21 st February 1 st Sunday of Lent <i>(Purple)</i>	Sunday 28 th February 2 nd Sunday of Lent <i>(Purple)</i>
Holy Trinity West Runton	11.00am <i>Holy Communion (Virtual Service)</i>	11.00am <i>Holy Communion (Virtual Service)</i>	07.30pm <i>Holy Communion (Virtual Service)</i>	11.00am <i>Holy Communion (Virtual Service)</i>	11.00am <i>Holy Communion (Virtual Service)</i>

“And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.”

Kitty O'Meara

IN MEMORIAM

It is with much sadness that we announce the deaths of—

Jim Bondi, Philip Smith, Mike Warner & Joan Newlands

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

May the souls of all the faithful departed, through the mercy of God, rest in peace.

READINGS FOR FEBRUARY – YEAR B

Sunday 7 th February 2 nd Sunday before Lent	Proverbs 8. 1, 22–31	Colossians 1. 15–20	John 1. 1–14
Sunday 14 th February Sunday next before Lent	2 Kings 2. 1–12	2 Corinthians 4. 3–6	Mark 9. 2–9
Wednesday 17 th February Ash Wednesday	Isaiah 58. 1–12	2 Corinthians 5. 20b–6. 10	John 8. 1–11
Sunday 21 st February 1 st Sunday of Lent	Genesis 9. 8–17	1 Peter 3. 18–22	Mark 1. 9–15
Sunday 28 th February 2 nd Sunday of Lent	Genesis 17. 1–7, 15–16	Romans 4. 13–25	Mark 8. 31–38

See the Quintet Benefice website for more weekly worship resources:
www.quintetbenefice.com

GIFT AID CLAIMS — We hope you may be saving your weekly collection for when you return to church. If you have completed a Gift Aid Donation Form you are able to pay this amount by cheque or cash. If you are not a tax payer then the church can still claim Gift Aid under the Small Donations Scheme for collections. Please under these circumstances do not pay your donations by cheque but by cash either in your envelopes or in not more than £20 notes as we cannot claim Gift Aid under this scheme on cheques or large denomination notes. Preferably please put in your weekly envelope.

Benefice Gift Aid Officers

DON'T FORGET.....

If you would like to receive the Newsletter by email then please contact Ali Wharton, the Benefice Administrator, at quintetchurchesorfolk@gmail.com

.....AND REMEMBER

If you would like to have an item included in March's Newsletter then please call or email Jenny or Pam by Sunday 21st February—

Jenny Barrie:

07727 188837

jennybarrie27@gmail.com

or

Pam Thompson:

01263 510319

pamjthompson@outlook.com

NEWS FROM AROUND THE BENEFICE

EAST RUNTON

A warm welcome to the Reverend Jeremy Sykes, who was installed as our new Interim Priest-in-Charge, by the Bishop of Lynn, the Right Reverend Jonathan Merrick, on Monday 18th January. It's a really difficult time to start a new job, but we look forward to working together and to make the changes as smooth as possible. It will be exciting to experience virtual services on zoom, but it will be even nicer when we can all worship together, in person.

We would like to say a big “thank you” to Canon William Bestelink for carrying us through these last four months.

Jean and Barbara

WEST RUNTON

On Monday, 18th January the Revd. Jeremy Sykes was licensed as Interim Priest-in-Charge of the Quintet Benefice by the Right Revd. Jonathan Meyrick, Bishop of Lynn. The licensing service was held in Holy Trinity church but because of Covid restrictions it was essentially an online service – courtesy of 'Zoom' technology. Only clergy and churchwardens attended the actual service. Jeremy had the technical skills to set up the meeting and Ali Wharton hosted it (i.e. let people into the meeting electronically). There were over 40 participants online. The service went very well. Bishop Jonathan sang the hymns and Fr. William played the organ.

It is a great pleasure to welcome Jeremy and his wife, Lesley, to the Benefice. Unfortunately, they can't move into the Rectory just yet but Jeremy will be commuting from Briston until the Rectory is vacated. Thank you, Jeremy and Lesley, for joining us. You are very welcome, and our thoughts and prayers are with you.

Peter Strudwick

LOCAL EVENTS

Runton Parish Council — Meetings are usually held on the fourth Tuesday of the month. The next meeting is scheduled for Tuesday 23rd February but please note that until further notice the meetings are being held virtually by the online client “Zoom”. Members of the public are welcome to join the meeting but if you wish to speak then please contact the Clerk not less than 24 hours before the meeting to register your intention to do so. The Clerk can be contacted on 01263 512214 or by email runtonpc@aol.com to receive a link to the meeting.

West Runton Social Club remains closed, but we would like to wish our customers a happier and healthier new year. We hope to be in touch with good news in the new year!

LENT

Shrove Tuesday is the day before Lent starts – the Tuesday before Ash Wednesday. It is a day of penitence, to clean the soul, and a day of celebration as the last chance to feast before Lent begins. Shrove Tuesday is now more commonly known as Pancake Day after the fried batter recipe traditionally eaten on this day. Shrove Tuesday gets its name from the ritual of shricing that Christians used to undergo in the past. In shricing, a person confesses their sins and receives absolution for them. So that no food was wasted, families would have a feast on the shricing Tuesday, and eat up all the foods that would not last the forty days of Lent without going off. The need to eat up the fats gave rise to the French name *Mardi Gras* (“fat Tuesday”). Pancakes therefore became associated with Shrove Tuesday as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.

Lent itself is the period of six weeks (40 days not including Sundays) leading up to Easter and reflects the 40 days which Jesus spent in the wilderness. This year Lent starts on Ash Wednesday (Wednesday 17th February and ends on Monday 29th March). Ashes are an ancient sign of penitence; from the middle ages it became the custom to begin Lent by being marked in ash with the sign of the cross. Purple is the symbolic colour used in some churches throughout Lent, for drapes and altar frontals. Purple is used for two reasons: firstly, because it is associated with mourning and so anticipates the pain and suffering of the crucifixion, and secondly because purple is the colour associated with royalty and celebrates Christ’s resurrection and sovereignty. During Lent churches are kept bare of flowers and decoration. The *Gloria in excelsis* is not used. The Fourth Sunday of Lent (sometimes known as Refreshment Sunday) was allowed as a day of relief from the rigour of Lent, and this break from austerity is the background to the modern observance of Mothering Sunday on the Fourth Sunday of Lent. The last week of Lent is called Holy Week.

BIBLE WORDSEARCH

Can you find the words listed below hidden in the grid? They might be found written across, down or diagonally and they may read backwards or forwards.

Corinthians; Deuteronomy; Ecclesiastes; Exodus; Ezekiel; Ezra; Genesis; Hebrews; Job; John; Kings; Luke; Mark; Matthew; Nehemiah; Numbers; Psalms; Romans; Samuel; Titus;

M	Y	M	O	N	O	R	E	T	U	E	D
A	X	I	A	S	M	L	A	S	P	L	U
T	T	S	S	R	E	B	M	U	N	E	F
T	K	G	G	E	K	U	L	S	G	U	S
H	L	N	E	H	E	M	I	A	H	M	N
E	E	I	J	N	H	O	J	E	N	A	A
W	I	K	A	O	E	X	O	D	U	S	M
D	K	C	L	O	B	S	E	A	M	C	O
U	E	T	I	T	U	S	I	B	R	E	R
R	Z	H	E	B	R	E	W	S	U	Z	H
S	E	T	S	A	I	S	E	L	C	C	E
S	N	A	I	H	T	N	I	R	O	C	S

THE BENEFICE OF AYLMEYTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: www.quintetbenefice.com

All 01263 Numbers except where stated

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Mrs P Thompson	14 Yaxley Loke, Cromer NR27 0FG	510319
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Beeston Regis	Vacancy	
Gresham	Mr J Meikle , Shannock, Morley Road North, Sheringham NR26 8JB Mr R Batt , East Beckham Hall, Otters Lane, E. Beckham NR11 8GA Mr P Campbell , Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	820364 822234 570281
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<u>PCC Treasurers</u>		
Aylmerton/Gresham	Mrs R Large , Wild Orchids, The Common, West Runton NR27 9QE	838121
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The Revd. Canon B Oake	Email: barryoake@gmail.com	514192
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The Rt Revd. D Leake	The Anchorage, Lower Common, East Runton NR27 9PG	513536
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