

QUINTET NEWS

**FOR THE BENEFICE OF
AYLMERTON
BEESTON REGIS
GRESHAM
EAST RUNTON
WEST RUNTON**

OCTOBER 2021

FREE

HELLO FROM JEREMY

Dear Friends,

This time of year, from September and October, is a wonderful time, the time of mellow fruitfulness when the harvest begins to be gathered in and we give thanks to God for all his bounty at our harvest festivals, and this year Lesley and myself will give thanks for our bumper crop of courgettes, which have meant that we now have a freezer full of ratatouille and about six different varieties of Courgette Cake.

Although we try and grow a few things and buy from our amazing local shops, inevitably we have to go to Fakenham for the rest of our shopping and I always seem to choose the wrong checkout queue. An American Hippy, who was at my theological college, told me that I obviously had bad queue karma!

But by picking the wrong queue I have the opportunity to have a nose at what other people are buying, whilst wondering what they might think of my selection, and I'm often surprised at what they have chosen, and at the combination of articles; and reflect that they must be having some very strange meals!

Of course, it depends whether they are buying basic foodstuffs for survival or whether they are buying luxury things for special meals, but then again I remember once standing in a checkout queue with a couple of parishioners just behind me in the queue, and thinking they must have wondered what type of vicar I was and if I had a secret problem, as included in my shopping were six bottles of Gin! (It was a year of a bumper crop of Sloes for making Sloe Gin).

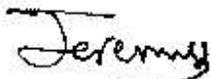
Food is an essential part of our lives, and a meal is at the centre of our religious observances as Christians. On the night before he died Jesus gave to his disciples, and compared himself to, bread, "The Bread of Life". Something basic, not a luxury, something they ate every day in those days, and probably today too. Something, too, that it is easy to take for granted or to lose interest in, in the search for more exotic foods.

So at harvest time for me the question is how essential to us is Jesus, how much do we take Him for granted, and how much strength do we get from Him, the Bread of Life?

Finally on Sunday 31st October (the Sunday nearest to All Souls Day) at 3.00pm at Holy Trinity, West Runton, we will be holding a benefice All Souls Service, where we will remember all those who have died and whose memories we hold dear. During the service we read out the names of all those who have died within the last two years and any others who we have been asked to remember. After all the names have been read out, friends and relatives of the people we have named will be invited to come forward and light a candle in their memory.

If you would like the name of any of your loved ones to be included in our commemoration please write their names on one of the lists to be found at the back of the churches or let me or Ali know, and please feel free to join us at the service.

With all my love and best wishes.



Jeremy

REOPENING OUR CHURCHES FOR SERVICES

We are now getting into a regular pattern of worship in our churches. However, to protect each other, and particularly those who are clinically vulnerable, we are asking that everyone who attends Church continues to wear a face covering and, where possible, to maintain social distancing.

At present communion will only be given as bread, and the priests will continue the rigorous hygiene protocols that are in place including the wearing of a face covering when distributing the bread.

For those who feel that they would still prefer to join us from home, we will continue to live stream West Runton's weekly service for the next few months.

SERVICES IN THE BENEFICE

	Sunday 3 rd October Trinity 18	Sunday 10 th October Trinity 19	Sunday 17 th October Trinity 20	Sunday 24 th October Bible Sunday	Sunday 31 st October Benefice Eucharist and All Saints' Day
	<i>(Green)</i>	<i>(Green)</i>	<i>(Green)</i>	<i>(Green)</i>	<i>(White)</i>
St John the Baptist Aylmerton		9.15am <i>Eucharist</i>		9.15am <i>Morning Prayer</i>	
All Saints Beeston Regis	9.15am <i>Eucharist BCP</i>	11.00am <i>Eucharist</i>	11.00am <i>Harvest Festival</i>	11.00am <i>Eucharist</i>	11.00am <i>Benefice Eucharist</i>
St Andrew's East Runton	9.15am <i>Harvest Festival Eucharist</i>	9.15am <i>Morning Prayer</i>	9.15am <i>Eucharist</i>	9.15am <i>Eucharist</i>	
Holy Trinity West Runton	11.00am <i>Harvest Festival Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	3.00pm <i>Benefice All Souls Service</i>
All Saints Gresham	Currently Closed			2.30pm <i>Provisional date for First Service</i>	

READINGS FOR OCTOBER – YEAR B

Sunday 3rd October Trinity 18	Genesis 2. 18–24	Hebrews 1. 1–4; 2. 5–12	Mark 10. 2–16
Sunday 10th October Trinity 19	Amos 5. 6–7, 10–15	Hebrews 4. 12–16	Mark 10. 17–31
Sunday 17th October Trinity 20	Isaiah 53. 4–12	Hebrews 5. 1–10	Mark 10. 35–45
Sunday 24th October Bible Sunday	Isaiah 55. 1–11	2 Timothy 3. 14–4. 5	John 5. 36b–47
Sunday 31st October Benefice Eucharist and All Saints' Day	Isaiah 25. 6–9	Revelation 21. 1–6a	John 11. 32–44

Readings for Harvest Service	Joel 2. 21–27	1 Timothy 6. 6–10	Matthew 6. 25–33
---	--------------------------	------------------------------	-----------------------------

WALSINGHAM CELL OF OUR LADY AND HOLY TRINITY —
 There is no meeting of the Cell in October. The next meeting will take place in November.

SAFEGUARDING, HELP AND ADVICE

Safeguarding means protecting the health, wellbeing and human rights of children and adults at risk of, or experiencing, emotional, psychological, physical or spiritual harm and/or neglect.

Safeguarding means enabling those who are affected to live safely, free from any kind of abuse or neglect. It is about people and organisations working together to prevent and reduce both the risks and actual experience of abuse in all of its forms.

We take safeguarding very seriously, at all of the Benefice Churches and care about all those we seek to serve within our churches and our communities.

We conform to the policy of Norwich Diocese which can be found at <https://www.dioceseofnorwich.org/about/safeguarding>

If you believe that either yourself or someone you know may be at risk of harm or neglect, please contact Rev. Jeremy to discuss your concerns and what the next steps might be.

Alternatively, you may contact the Norwich Diocese Safeguarding Team by email at safeguarding@dioceseofnorwich.org or by telephone on: 1603 882345.

If you yourself or someone you know is in immediate danger of being harmed then please call 999 to be advised by the emergency services.

REGULAR GIVING & GIFT AID CLAIMS

We are very grateful to all those church members who pay a regular amount by Standing Order. If you have not yet considered paying by Standing Order, could we please ask you to consider doing so. If you are a tax payer, please consider filling in a Gift Aid Form. The church can claim from HMRC an extra 25p for every £1 you donate, or put another way, it increases your donation by 25% – that is so long as you have paid the basic rate of tax and make the donation from your own funds.

The church can also claim Gift Aid under the Small Donations Scheme for collections. Under these circumstances, please pay by cash, either in your envelopes or in not more than £20 notes, as we cannot claim Gift Aid under this scheme on cheques or large denomination notes.

If you require any further details, either about paying by Standing Order or about Gift Aid then please speak to one of the Benefice Gift Aid Officers or one of the Treasurers.

OPEN THE BOOK AT GRESHAM

We are starting discussions with Gresham School about resuming “Open the Book” with them. Open the Book (“OtB”) offers primary school children an opportunity to hear key Bible stories told by a team of Christians from local churches. Each presentation takes around 10–15 minutes and can be incorporated into a wider school assembly or can stand alone.

If you were involved before and would like to do it again, or if you feel you would like to get involved in this work, please let Jeremy know, so that we can hopefully put a team together.

NEWS FROM THE QUINTET BENEFICE

BEESTON REGIS

Adopt part of the Garden of Remembrance at All Saints Church Beeston Regis — For a number of years now Gary and Jenny Linder have looked after the Garden of Remembrance to the right-hand side of the main gate as you enter the churchyard at All Saints Church.

The church is now looking for volunteers who are willing to devote a small amount of time on a regular basis to help look after the Garden of Remembrance at the church. It is hoped that volunteers will adopt small parts of the flower borders, tending and weeding them and perhaps enhancing or replacing some of the existing planting, bring more colour and variety to the garden.

So if you have loved ones buried at All Saints or have had their ashes spread, or just fancy spending some time in the tranquility of the churchyard, we would love to hear from you.

Please either contact Gary or Jenny direct on 01263 822990 or, alternatively, have a word with any member of the PCC.

Norfolk Churches Trust Bike Ride — We are delighted to tell you that Ed and William Rawlings visited 43 churches on their cycle ride on 12th September. This is seven more than last year! We applaud their stamina and are most grateful for their effort. Anyone still wishing to make a donation to this worthy cause – half of which will be returned to All Saints – should contact Judy Wilkinson either in church on a Sunday or on 01263 825364.

EAST RUNTON

Harvest Thanksgiving Service — The Harvest Service will take place at 9.15am on Sunday 3rd October. Donations of tinned or dried goods or jars (no home-made jams or chutneys), dried or long life milk, would be most welcome and will be donated to the Cromer Foodbank.

Fundraising Coffee Morning — To be held on Saturday 16th October from 10.00am to 12 Noon at the East Runton Village Hall. Yes, we are back and in order to maintain safety in social distancing, we will be holding the Coffee Morning in the hall next door to the church, which is much bigger. Please come and enjoy a coffee and browse our books and bric-a-brac, buy some cakes and other delights. See you there!

Mrs. Mary McCrohon — Another much loved lady of East Runton and faithful member of our church, Mary McCrohon, has died aged ninety nine, just short of her one hundredth birthday. She was a member of the Abbs family in East Runton and was married to John McCrohon, also a faithful member of our parish church. Our prayers and sympathy are with Tim, Mary-Jane and Sally and their families.

Jean

WEST RUNTON

Book Sales/Coffee Mornings — We are pleased to announce the return of the weekly Book Sales/Coffee Mornings to raise much needed funds for the church. They will be taking place in the Church Hall every Friday in October from **10:00am to 12 Noon**. We look forward to seeing you on 1st October, 8th October, 15th October, 22nd October and 29th October. We will also hold the Book Sales/Coffee Mornings on 12th November, 26th November and 10th December.

Norfolk Churches Trust Bike Ride — A message from Father David Paskins: “Thank you very much to everyone who sponsored me on the Norfolk Church Trust Bike Ride last month. I visited 36 churches as planned and covered 47.93 miles! I may have lost a couple of “lbs” but through your generosity will have gained “£s” – over £400 – which will be shared between the Trust and Holy Trinity Church. I will let you know the final total as soon as it is collected.”

Anyone still wishing to make a donation to this worthy cause can contact Father David by telephone on 01263 715905 or by email at david@paskins.eclipse.co.uk.

Charles William Christmas Abbs and Stanley Phoenix Abbs — We recently had an enquiry from Penny Parsons about the graves of Charles Abbs (the footballer) and Stanley Abbs (grandfather of Gary Lineker, and the subject of Gary's documentary "My Grandad's War"). Penny has kindly provided us with the following information about Charles and Stanley so that we might share it with you.

Charles was born in East Runton, on 25th December 1887 and in the 1911 census (the first census giving specific addresses) was recorded as living with his parents (Robert and Louisa), 8 of his 9 brothers and sisters, and a boarder, at Flint House, Cromer Road East Runton.

He played football for Norfolk, including a match against Norwich City on 9th November 1911, and was awarded his county "colours" in 1912/13. He also played for Cromer before joining Norwich City on 13th August 1913. He signed for Norwich City as a professional (a forward) on 22nd August 1914 and was recorded at the time as being 5 feet 8 inches tall and weighing 10 stone 9 lbs. After leaving Norwich City he resumed playing for Cromer and played for Sheringham.

On 18th January 1915 Charles enlisted in the army at Kingsway, London and joined the 17th (Service) Battalion (1st Football), Duke of Cambridge's Own (Middlesex) Regiment [1], Private, Service Number F/289.

On 27th April 1915 he married Alice Kirby at Tasburgh.

The Weekly Dispatch (London) of 17th June 1917 reported that he had been wounded and was a prisoner of war at Cassel in Germany. He remained a prisoner of war for 2 years.

On 31st March 1920 he was discharged on demobilization.

He became a fishmonger at West Runton, Norfolk, served on the Parish Council, and became chairman of Runton Football Club. In the latter stages of his life his home was at 1 Victoria Terrace, East Runton.

He died on 1st September 1956 at Cromer and District Hospital leaving a widow and 3 daughters. He is buried at Holy Trinity Church, West Runton, though he has no headstone.

Stanley was born on 22nd May 1916, and his birth was registered in Erpingham, Norfolk. His father, Charles, was 28 and his mother, Louisa, was 32. Stanley had a brother and a sister. He married Muriel Elizabeth Eggleton in July 1934 and the marriage was also registered in Erpingham. They had three children in 11 years.

Stanley was the Grandfather of the footballer and presenter, Gary Lineker. Gary made a documentary, following in Stanley's footsteps, and discovered how Stanley (a member of the Royal Army Medical Corps) served in the Mediterranean theatre of war. He was involved in the Allied invasion of continental Italy, disembarking from a ship straight into the war zone in the first wave of landings in the town of Salerno in 1943. Stanley's unit, who were unarmed and so unable to defend themselves, treated 1,839 casualties in the middle of a combat zone. Rome was captured on 4th June 1944, and the Italian campaign cost the Allies 313,000 casualties, but was overshadowed by the D-Day landings which took place two days later. Despite the fact he and his fellow soldiers also faced great danger, they were branded by some as "D-Day dodgers" as it was suggested that anyone not in Normandy was "dodging" the main fight.

Stanley died in December 1984 in Oadby, Leicestershire, at the age of 68 but is buried in the church yard of Holy Trinity Church, West Runton.

DISTRIBUTION OF QUINTET NEWS

Would you be happy to help deliver the Quintet News by hand in your local area to help reduce the cost of postage? If so, please contact Ali Wharton by email at quintetchurchesnorfolk@gmail.com or by telephone on 07880 776720.

DEADLINE FOR NOVEMBER'S NEWSLETTER SUNDAY 24TH OCTOBER

Please contact Pam Thompson if you would like an item included in the next Newsletter:

Telephone: 01263 510319 Email: pamjthompson@outlook.com

THE BENEFICE OF AYLMEYTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: www.quintetbenefice.com

All 01263 Numbers except where stated

The Revd. Jeremy Sykes	The Rectory, Cromer Road, West Runton NR27 9QT Email: Jeremy.Sykes@Dioceseofnorwich.org <i>Usual Non-Working Day: Friday</i>	837761
<u>Benefice Administrator</u>	Mrs Ali Wharton – Email: quintetchurchesnorfolk@gmail.com Office open Mondays from 11:00 to 13:00	07880 776720
<u>Licensed Lay Minister (Reader)</u>		
Mrs Pam Thompson	14 Yaxley Loke, Cromer NR27 0FG	510319
<u>Churchwardens</u>		
Aylmerton	Mrs C Burchett , 44 Renwick Park West, West Runton NR27 9LX Vacancy	837647
Beeston Regis	Mr J Meikle , Shannock, Morley Road North, Sheringham NR26 8JB Vacancy	820364
Gresham	Mr R Batt , East Beckham Hall, Otters Lane, E. Beckham NR11 8GA Mr P Campbell , Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	822234 570281
East Runton	Miss J Steward , 78 Central Road, Cromer NR27 9BW Mrs B Wright , 69 Clifton Park, Cromer NR27 9BG	512624 513402
West Runton	Mr P Strudwick , 6 Nelson Road, Sheringham NR26 8BU Mrs R Large , Wild Orchids, The Common, West Runton NR27 9QU	823657 838121
<u>PCC Secretaries</u>		
Aylmerton	Mrs H Dumolo , Church Farm Bungalow, Church Road, Aylmerton	838632
Beeston Regis	Mr D Nightingale , 31 Abbey Park, Beeston Regis NR26 8SR	824389
Gresham/Runton	Vacancy	
<u>PCC Treasurers</u>		
Aylmerton/Gresham	Mrs R Large , Wild Orchids, The Common, West Runton NR27 9QE	838121
Beeston Regis	Mr M R Braybrook , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Mrs P May , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Gift Aid Officers</u>		
Aylmerton/Gresham	Miss J Idiens , Breckwood, Tower Road, Aylmerton NR11 8QG	07775 622333
Beeston Regis	Mr M R Braybrook , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Dr R May , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Bereavement Support</u>		
Pamela Kilgour	Email: pamkilgour@yahoo.co.uk	837944
<u>Honorary Assistant Priests</u>		
The Revd. Canon W Bestelink	Email: wmcbestelink@btinternet.com Mobile: 07909 690073	514045
The Revd. Canon B Oake	Email: baryoake@gmail.com	514192
The Revd. P Baggaley	Email: patriciabaggaley@gmail.com	837490
The Rt Revd. D Leake	The Anchorage, Lower Common, East Runton NR27 9PG	513536
The Revd. D Paskins	8 Blackthorn Avenue, Holt NR25 6TY	715905