

# **QUINTET NEWS**

**FOR THE BENEFICE OF  
AYLMERTON  
BEESTON REGIS  
GRESHAM  
EAST RUNTON  
WEST RUNTON**

**DECEMBER 2021  
&  
JANUARY 2022**

**FREE**

## HELLO FROM JEREMY

Dear Friends,

By the time you receive this month's newsletter we will have started the season of Advent, and the build up to Christmas.

Advent is the time of the year when in our services we look at the last things and the second coming of Jesus. But it is also like Lent, a time of preparation and reflection.

Reflection and preparation in readiness for a great event, the celebration of the Birth of Christ, the day when God took a great risk and became flesh and dwelt among us.

Too often Advent can get lost in the preparation and present buying and Christmas is upon us before we know it, and it's all too easy to forget just what Christmas is really about.

In many ways the thought of an Almighty and all powerful God, becoming human and being born as a tiny helpless baby in a mucky stable is something a little bit absurd.

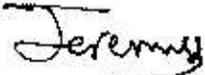
But throughout the Bible there are stories of people who met God in unexpected ways and places – take Moses, looking after sheep on a mountainside, who encounters God in a bush; or Jacob fleeing from his brother's wrath sleeping on a stone pillow at the place renamed *Bethel* because from his dream there he had perceived it as the house (*beth*) of God (*el*).

So, on reflection, is it really surprising that God should manifest himself in a seemingly insignificant baby, born in a cave used for cattle; or that the baby's first visitors, should be shepherds, regarded as rogues whose word could not be trusted in a court of law? As we read the familiar Christmas stories and sing carols old and new, may they remind us that none of us is too "ordinary" to receive God, in Jesus, into our hearts and into our lives.

I wish you all, your families and friends, a very happy, Advent, Christmas and a blessed New Year, and look forward to seeing many of you at our various Advent and Christmas services, and I finish with a blessing for Christmas—

May the eagerness of the shepherds, the joy of the angels, the perseverance of the wise men, the obedience of Joseph and Mary, and the peace of the Christ-Child be yours this Christmas, and the Blessing of God almighty, the Father, Son and Holy Spirit be upon you and remain with you throughout the festive period.

Love,



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## **SAFEGUARDING, HELP AND ADVICE**

Safeguarding means protecting the health, wellbeing and human rights of children and adults at risk of, or experiencing, emotional, psychological, physical or spiritual harm and/or neglect. Safeguarding means enabling those who are affected to live safely, free from any kind of abuse or neglect. It is about people and organisations working together to prevent and reduce both the risks and actual experience of abuse in all of its forms.

We take safeguarding very seriously at all of the Benefice Churches and care about all those we seek to serve within our churches and our communities.

We conform to the policy of Norwich Diocese which can be found at <https://www.dioceseofnorwich.org/about/safeguarding>

If you believe that either yourself or someone you know may be at risk of harm or neglect, please contact Rev. Jeremy to discuss your concerns and what the next steps might be.

Alternatively, you may contact the Norwich Diocese Safeguarding Team by email at [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org) or by telephone on: 1603 882345.

If you or someone you know is in immediate danger of being harmed then please call 999 to be advised by the emergency services.

## **INTERCESSIONS FOR THE PEOPLE AND ORGANISATIONS OF THE BENEFICE**

Included with this month's Newsletter is a booklet of Intercessions for the People and Organisations of the Benefice. It is a Daily Cycle of Prayer for the Benefice.

Why do we pray? To answer that question let us look at what the Bible says. In 1 Thessalonians 5: 17 it exhorts us to "Pray continually".

In a world filled with chaos, we pray because prayer is the antidote to anxiety.

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus".

Philippians 4: 6-7.

We pray because prayer alleviates our weariness.

"Come to me, all you who are weary and burdened, and I will give you rest".

Matthew 11: 28

Prayer deepens our relationship with God. Prayer brings us closer to Him. He created us with a need for connection, and prayer is connection. Praying is talking to the Lord, just like friends talk to each other and are brought closer together through their sharing. When we pray, we share our innermost being with Him. Through prayer, we are transformed and renewed. Prayer reminds us that we are dependent on God and not on ourselves. Prayer draws us closer to God.

We pray because God cares for us (1 Peter 5: 7). What a comfort to know God cares. He is interested in every detail of our lives. He wants us to involve Him in every aspect of our lives. He promises to listen, to help, and to protect. He promises to be there. When we pray, we surrender and release our thoughts, worries, and desires to God. We pray because prayer shifts our attention to "him who is able to do

immeasurably more than all we ask or imagine, according to his power that is at work within us” (Ephesians 3: 20).

Do you have a need? A concern? God cares about you. Will you say a prayer to Him today?

Please pray for the following—

- For people to come forward to become Churchwardens at Aylmerton and at Beeston Regis
- For people to come forward to become members of the PCC
- For our church buildings that funds may be found for their urgent repair
- For our Christmas services across the Benefice that they will engage and connect with children in a special way and that the light of the Christ-child will be reflected in us to the families who come through our doors this Christmas

## **OPEN THE BOOK AT GRESHAM**

We are having discussions with Gresham School about resuming “Open the Book” with them. Open the Book (“OtB”) offers primary school children an opportunity to hear key Bible stories told by a team of Christians from local churches. Each presentation takes around 10–15 minutes and can be incorporated into a wider school assembly or can stand alone.

If you were involved before and would like to do it again, or if you feel you would like to get involved in this work, please let Jeremy know, so that we can hopefully put a team together.

## SERVICES IN THE BENEFICE FOR DECEMBER

	Sunday 5 <sup>th</sup> Dec Advent 2  <i>(Purple)</i>	Sunday 12 <sup>th</sup> Dec Advent 3  <i>(Purple)</i>	Sunday 19 <sup>th</sup> Dec Advent 4  <i>(Purple)</i>	Friday 24 <sup>th</sup> Dec Christmas Eve  <i>(White)</i>	Saturday 25 <sup>th</sup> Dec Christmas Day  <i>(White)</i>	Sunday 26 <sup>th</sup> Dec St Stephen  <i>(Red)</i>
<b>St John the Baptist Aylmerton</b>		3.00pm <i>Carol Service</i>			9.30am <i>Eucharist</i>	
<b>All Saints Beeston Regis</b>	9.15am <i>Eucharist BCP</i>	11.00 am <i>Eucharist</i>	3.00pm <i>Carol Service</i>		10.00am <i>Eucharist</i>	
<b>St Andrew's East Runton</b>	9.15am <i>Eucharist</i>	3.00pm <i>Carol Service</i>	9.15am <i>Eucharist</i>		9.15am <i>Eucharist</i>	
<b>Holy Trinity West Runton</b>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	4.30pm <i>Crib Service</i>  11.30pm <i>First Communion of Christmas</i>		10.30am <i>Benefice Eucharist</i>
<b>All Saints Gresham</b>	11.00am <i>Eucharist</i>				11.00am <i>Eucharist</i>	

## CAROL SERVICES

In addition to the services above there will also be two additional Carol Services—

<b>Holy Trinity West Runton</b>	<b>Tuesday 21<sup>st</sup> December 7.00pm</b>
<b>All Saints Gresham</b>	<b>Wednesday 22<sup>nd</sup> December 6.30pm</b>

**PLEASE NOTE THAT THE STARTING TIMES OF SOME SERVICES ARE DIFFERENT THAN USUAL.**

**THE BENEFICE EUCHARIST ON SUNDAY 26<sup>TH</sup> DECEMBER WILL START AT 10.30AM**

## READINGS FOR DECEMBER – YEAR C

<b>Sunday 5<sup>th</sup> December Advent 2</b>	<b>Malachi 3. 1–4</b>	<b>Philippians 1. 3–11</b>	<b>Luke 3. 1–6</b>
<b>Sunday 12<sup>th</sup> December Advent 3</b>	<b>Zephaniah 3. 14–end</b>	<b>Philippians 4. 4–7</b>	<b>Luke 3. 7–18</b>
<b>Sunday 19<sup>th</sup> December Advent 4</b>	<b>Michah 5. 2–5a</b>	<b>Hebrews 10. 5–10</b>	<b>Luke 1. 39–45</b>
<b>Friday 24<sup>th</sup> December Christmas Eve</b>	<b>Isaiah 11. 12</b>	<b>Titus 3. 4–7</b>	<b>John 1. 1–14</b>
<b>Saturday 25<sup>th</sup> December Christmas Day</b>	<b>Isaiah 52. 7–10</b>	<b>Hebrews 1. 1–4</b>	<b>John 1. 1–14</b>
<b>Sunday 26<sup>th</sup> December St Stephen</b>	<b>2 Chronicles 24. 20–22</b>	<b>Acts 7. 51–end</b>	<b>Matthew 10. 17–22</b>

To protect each other, and particularly those who are clinically vulnerable, we are asking that everyone who attends Church continues to wear a face covering and, where possible, to maintain social distancing.

Communion will continue to only be given as bread, and the priests will continue the rigorous hygiene protocols that are in place including the wearing of a face covering when distributing the bread.

For those who feel that they would still prefer to join us from home, we will, for the present, continue to live stream West Runton's weekly service.

## SERVICES IN THE BENEFICE FOR JANUARY

	Sunday 2 <sup>nd</sup> January Epiphany  <i>(White)</i>	Sunday 9 <sup>th</sup> January Baptism of Christ  <i>(White)</i>	Sunday 16 <sup>th</sup> January Epiphany 2  <i>(White)</i>	Sunday 23 <sup>rd</sup> January Epiphany 3  <i>(White)</i>	Sunday 30 <sup>th</sup> January Presentation of Christ in the Temple (Candlemas)  <i>(White)</i>
<b>St John the Baptist Aylmerton</b>		9.15am <i>Eucharist</i>		9.15am <i>Morning Prayer</i>	
<b>All Saints Beeston Regis</b>	9.15am <i>Eucharist BCP</i>	11.00 am <i>Eucharist</i>	11.00am <i>Morning Prayer</i>	11.00am <i>Eucharist</i>	
<b>St Andrew's East Runton</b>	9.15am <i>Eucharist</i>	9.15am <i>Morning Prayer</i>	9.15am <i>Eucharist</i>	9.15am <i>Eucharist</i>	
<b>Holy Trinity West Runton</b>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	
<b>All Saints Gresham</b>	11.00am <i>Eucharist</i>				10.30am <i>Benefice Eucharist</i>

**PLEASE NOTE THAT THE BENEFICE EUCHARIST ON SUNDAY 30<sup>TH</sup> JANUARY WILL START AT 10.30AM**

## READINGS FOR JANUARY – YEAR C

<b>Sunday 2<sup>nd</sup> January Epiphany</b>	<b>Isaiah 60. 1–6</b>	<b>Ephesians 3. 1–12</b>	<b>Matthew 2. 1–12</b>
<b>Sunday 9<sup>th</sup> January Baptism of Christ</b>	<b>Isaiah 43. 1–7</b>	<b>Acts 8. 14–17</b>	<b>Luke 3. 15–17, 21–22</b>
<b>Sunday 16<sup>th</sup> January Epiphany 2</b>	<b>Isaiah 62. 1–5</b>	<b>1 Corinthians 12. 1–11</b>	<b>John 2. 1–11</b>
<b>Sunday 23<sup>rd</sup> January Epiphany 3</b>	<b>Nehemiah 8. 1–3, 5–6, 8–10</b>	<b>1 Corinthians 12. 12–13a</b>	<b>Luke 4. 14–21</b>
<b>Sunday 30<sup>th</sup> January Presentation of Christ in the Temple (Candlemas)</b>	<b>Malachi 3. 1–5</b>	<b>Hebrews 2. 14–end</b>	<b>Luke 2. 22–40</b>

## LOOKING FORWARD TO LENT

We are considering organising one or more Lent Groups/House Groups in 2022 and so if people are interested in joining a Lent Group/House Group could they please let Jeremy know.

## **REGULAR GIVING & GIFT AID CLAIMS**

Here in the Quintet Benefice, we have suffered a loss of income due, partly, to a reduction in the amount put into the collection plate. Like everyone, we have also been hit by an increase in the costs for heating, lighting, etc. We are suffering serious financial difficulties.

Can we please ask everyone to consider increasing the amount that they give, no matter how small?

We are very grateful to all those church members who pay a regular amount by Standing Order and would strongly urge anyone who does not currently pay in this way to seriously consider doing so, as it helps with our forward planning.

If you are a UK taxpayer, please consider filling in a Gift Aid Form. The church can claim the tax you have paid back from HMRC – which is an extra 25p for every £1 you donate, or put another way, it increases your donation by 25% – that is so long as you have paid the basic rate of tax and make the donation from your own funds.

The church can also claim Gift Aid under the Small Donations Scheme for collections. Under these circumstances, please pay by cash, either in your envelopes or in not more than £20 notes, as we cannot claim Gift Aid under this scheme on cheques or large denomination notes.

If you require any further details, either about paying by Standing Order or about Gift Aid, then please speak to one of the Benefice Gift Aid Officers or one of the Treasurers.

Thank you.

### **DEADLINE FOR FEBRUARY'S NEWSLETTER WEDNESDAY 19<sup>TH</sup> JANUARY 2022**

Please contact Pam Thompson if you would like an item included in the next Newsletter:

Telephone: 01263 510319      Email: [pamjthompson@outlook.com](mailto:pamjthompson@outlook.com)

## EVENTS DIARY

DATE	VENUE AND EVENT
<b>WEDNESDAY 1<sup>ST</sup> DECEMBER &amp; WEDNESDAY 8<sup>TH</sup> DECEMBER 2.30PM TO 4.00PM</b>	<p style="text-align: center;"><b>SINGING WORKSHOP ALL SAINTS, GRESHAM</b></p> <p>These Workshops will be led by Natasha Hood who grew up in Gresham and returned a few years ago. She runs many community singing groups across Norfolk. These two Workshop will focus on winter and festive songs, including lesser-known folk carols. You don't need any prior musical experience, or even think of yourself as a "singer". Just turn up or contact Natasha Hood at: <a href="mailto:natasha@natashahood.com">natasha@natashahood.com</a></p>
<b>SATURDAY 4<sup>TH</sup> DECEMBER 10.00AM TO 12 NOON</b>	<p style="text-align: center;"><b>CHRISTMAS COFFEE MORNING EAST RUNTON VILLAGE HALL</b></p> <p>All sorts of delights will be on offer: homemade cakes, raffles etc., and much, much more. Come and enjoy a good old natter over a coffee and a mince pie! We do request face coverings be worn, please.</p>
<b>WEDNESDAY 8<sup>TH</sup> DECEMBER 2.30PM</b>	<p style="text-align: center;"><b>WALSINGHAM CELL ADVENT SERVICE CHURCH HALL, WEST RUNTON</b></p> <p>Everyone is very welcome to join the Walsingham Cell for a reflective service of readings and hymns, with complimentary refreshments at the end of the service.</p>
<b>SATURDAY 11<sup>TH</sup> DECEMBER 10.00AM TO 1.00PM</b>	<p style="text-align: center;"><b>PRE-CHRISTMAS GET TOGETHER WEST RUNTON CHURCH HALL</b></p> <p>Join us in the morning for coffee and scones and then stay on for a lunch of soup &amp; bread roll, and sausage rolls. There will be various stalls from which you can buy your last-minute Christmas presents.</p>

DATE	VENUE AND EVENT
<p align="center"><b>SATURDAY 11<sup>TH</sup> DECEMBER &amp; SUNDAY 12<sup>TH</sup> DECEMBER 10.00AM TO 4.00PM</b></p>	<p align="center"><b>ART EXHIBITION ALL SAINTS, GRESHAM</b></p> <p>A local Art Group will be exhibiting work from the last eighteen months, including some for sale. Do come along. Refreshments available throughout.</p>
<p align="center"><b>SATURDAY 11<sup>TH</sup> DECEMBER, 7.30PM</b></p>	<p align="center"><b>CANTAMUS CHOIR HOLY TRINITY CHURCH, WEST RUNTON</b></p> <p>The Cantamus Choir will be singing a selection of seasonal music, some familiar and a few less well known, and there will be opportunities for everyone to join in with some old favourites. The concert will be led by the Choir's Musical Director, Philip Adams, with accompaniment by Michael Finnissy.</p> <p>Admission by programme, which can be purchased on arrival. Prices are: Adults: £10; Concessions: £5; Children (under 16): Free</p> <p>Mulled wine and mince pies will be served at the end of the concert, and these are included in the price.</p>
<p align="center"><b>WEDNESDAY 15<sup>TH</sup> DECEMBER 2.15PM TO 4.30PM</b></p>	<p align="center"><b>VILLAGE SOCIAL VILLAGE HALL, GRESHAM</b></p> <p>Come along and meet friends old and new. Enjoy festive food and seasonal music. Board games available. Social distancing will be observed.</p>
<p align="center"><b>THURSDAY 6<sup>TH</sup> JANUARY 2022 2.30PM</b></p>	<p align="center"><b>WALSINGHAM CELL, PRAYING THE ROSARY CHURCH HALL, WEST RUNTON</b></p> <p>Readings and prayers, led by the Walsingham Cell. Praying with the Rosary is used by many Christians and is often found to be a meaningful and meditative way of praying.</p> <p>You are very welcome to join us and let us know what you think! Followed by complimentary refreshments.</p>
<p align="center"><b>THURSDAY 27<sup>TH</sup> JANUARY 2022</b></p>	<p align="center"><b>LECTURE – ALL SAINTS, GRESHAM</b></p> <p>For further details contact Julia Drury at <a href="mailto:friendsallsaintsg@gmail.com">friendsallsaintsg@gmail.com</a>.</p>

## NEWS FROM THE QUINTET BENEFICE

### AYLMERTON

**Winter Opening Hours** — The church will be closed Monday to Friday but will be open on a Saturday and Sunday from 9.00am to dusk until February 2022.

**Mini-Bazaar** — The Mini-Bazaar which took place on 29th October was a great success. Combined with the takings from the Cake Stall which Julia and Connie ran for 2 months at West Runton's Friday Coffee & Book Stall mornings, we raised £610. Thank you to all who supported St. John the Baptist and "Thank You" to Julia and Connie for all your hard work.

**War Memorial** — Good news! Our War Memorial has been given Grade II listed status. There are only 10 First World War Memorials given this honour between the counties of Norfolk, Hertfordshire and Suffolk.

**Christmas Carol Service** — A reminder that this will take place on Sunday 12<sup>th</sup> December at 3.00pm. A traditional service with readings and carols. A good way to start your Christmas celebrations.

### BEESTON REGIS

**Adopt Part of the Garden of Remembrance, All Saints Church Beeston Regis** — The church is looking for volunteers who are willing to devote a small amount of time on a regular basis to help look after the Garden of Remembrance at the church. It is hoped that volunteers will adopt small parts of the flower borders, tending and weeding them and perhaps enhancing or replacing some of the existing planting, bring more colour and variety to the garden. If you have loved ones buried at All Saints or have had their ashes spread, or just fancy spending some time in the tranquillity of the churchyard, we would love to hear from you. Please either contact Gary or Jenny direct on 01263 822990 or, alternatively, have a word with any member of the PCC.

**Norfolk Churches Trust Bike Ride** — Thank you so much to everyone who supported Ed and William Rawlings on the Bike Ride this year. Fair weather and a following wind enabled them to visit 43 churches and raise £240. All Saints' Church is most grateful to them for this notable achievement (and also to the Church which supplied the best flapjacks and plums for sustenance en-route)!

**Forthcoming Children's Work** — At All Saints we are praying for, and preparing to open up, a Ministry to children. We are also planning to host a Children's Mission in the form of a Holiday Club during the summer.

We seek to connect with the children living in, being schooled in, or attending clubs in, our parish. We intend to reach out to those visiting Beeston and the surrounding area for holidays. We hope to attract children resident anywhere within the Benefice.

In October we prayed weekly for God to take us to His children and for them to be brought to us. At one service at All Saints, no less than 5 children came, with another 2 children attending the Benefice All Souls Day service the same day. What a joy it was to welcome these youngsters and what a wonderful answer to our prayers.

In November we prayed regularly for God to raise up people with the right talents and energy to be involved in our forthcoming Ministry and Mission to children.

In December we invite you to pray for our Christmas services across the Benefice that they would engage and connect with children in a special way and that the light of the Christ-child would be reflected in us to the families who come through our doors this Christmas.

**Children's Corner** — The Children's Corner at All Saints has received some generous donations, thank you. This has helped to refresh the space and make it more inviting. A special word of thanks to Anisa, from Afghanistan, who kindly made the cushions for the children's chairs. We would like to decorate the area for Christmas so if you have any spare small-scale decorations, please do consider donating them. They can be left at the back of the church during daylight hours at weekends. Alternatively, contact Amanda Wooster on 07985 291930 who can arrange to collect them. Thank you.

## **EAST RUNTON**

**Christmas Carol Service** — A reminder that this will take place on Sunday 12<sup>th</sup> December at 3.00pm.

We wish you all a very happy, holy and peaceful Christmas, with all God's blessings. Jean Steward



**WISHING YOU ALL  
A VERY HAPPY CHRISTMAS  
AND A  
HEALTHY AND PEACEFUL NEW YEAR**



**THE BENEFICE OF AYLMEYTON, BEESTON REGIS, GRESHAM and RUNTON**  
**Benefice Website: [www.quintetbenefice.com](http://www.quintetbenefice.com)**  
**All 01263 Numbers except where stated**

<b>The Revd. Jeremy Sykes</b>	<b>The Rectory, Cromer Road, West Runton NR27 9QT</b> <b>Email: <a href="mailto:Jeremy.Sykes@Dioceseofnorwich.org">Jeremy.Sykes@Dioceseofnorwich.org</a></b> <b><i>Usual Non-Working Day: Friday</i></b>	<b>837761</b>
<b><u>Benefice Administrator</u></b>	<b>Mrs Ali Wharton – Email: <a href="mailto:quintetchurchesnorfolk@gmail.com">quintetchurchesnorfolk@gmail.com</a></b> Office open Mondays from 11:00 to 13:00	<b>07880 776720</b>
<b><u>Licensed Lay Minister (Reader)</u></b>		
<b>Mrs Pam Thompson</b>	14 Yaxley Loke, Cromer NR27 0FG	510319
<b><u>Churchwardens</u></b>		
<b>Aylmerton</b>	<b>Mrs C Burchett</b> , 44 Renwick Park West, West Runton NR27 9LX <b>Vacancy</b>	837647
<b>Beeston Regis</b>	<b>Mr J Meikle</b> , Shannock, Morley Road North, Sheringham NR26 8JB <b>Vacancy</b>	820364
<b>Gresham</b>	<b>Mr R Batt</b> , East Beckham Hall, Otters Lane, E. Beckham NR11 8GA <b>Mr P Campbell</b> , Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	822234 570281
<b>East Runton</b>	<b>Miss J Steward</b> , 78 Central Road, Cromer NR27 9BW <b>Mrs B Wright</b> , 69 Clifton Park, Cromer NR27 9BG	512624 513402
<b>West Runton</b>	<b>Mr P Strudwick</b> , 6 Nelson Road, Sheringham NR26 8BU <b>Mrs R Large</b> , Wild Orchids, The Common, West Runton NR27 9QU	823657 838121
<b><u>PCC Secretaries</u></b>		
<b>Aylmerton</b>	<b>Mrs H Dumolo</b> , Church Farm Bungalow, Church Road, Aylmerton	838632
<b>Beeston Regis</b>	<b>Mr D Nightingale</b> , 31 Abbey Park, Beeston Regis NR26 8SR	824389
<b>Gresham/Runton</b>	<b>Vacancy</b>	
<b><u>PCC Treasurers</u></b>		
<b>Aylmerton/Gresham</b>	<b>Mrs R Large</b> , Wild Orchids, The Common, West Runton NR27 9QE	838121
<b>Beeston Regis</b>	<b>Mr M R Braybrook</b> , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
<b>Runton</b>	<b>Mrs P May</b> , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<b><u>Gift Aid Officers</u></b>		
<b>Aylmerton/Gresham</b>	<b>Miss J Idiens</b> , Breckwood, Tower Road, Aylmerton NR11 8QG	07775 622333
<b>Beeston Regis</b>	<b>Mr M R Braybrook</b> , Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
<b>Runton</b>	<b>Dr R May</b> , Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<b><u>Bereavement Support</u></b>		
<b>Pamela Kilgour</b>	Email: <a href="mailto:pamkilgour@yahoo.co.uk">pamkilgour@yahoo.co.uk</a>	837944
<b><u>Honorary Assistant Priests</u></b>		
<b>The Revd. Canon W Bestelink</b>	Email: <a href="mailto:wmcbestelink@btinternet.com">wmcbestelink@btinternet.com</a> Mobile: 07909 690073	514045
<b>The Revd. Canon B Oake</b>	Email: <a href="mailto:barryoake@gmail.com">barryoake@gmail.com</a>	514192
<b>The Revd. P Baggaley</b>	Email: <a href="mailto:patriciabaggaley@gmail.com">patriciabaggaley@gmail.com</a>	837490
<b>The Rt Revd. D Leake</b>	The Anchorage, Lower Common, East Runton NR27 9PG	513536
<b>The Revd. D Paskins</b>	8 Blackthorn Avenue, Holt NR25 6TY	715905