

# **QUINTET NEWS**

**FOR THE BENEFICE OF  
AYLMERTON  
BEESTON REGIS  
GRESHAM  
EAST & WEST RUNTON**

**APRIL 2024**

**FREE**

## HELLO FROM JEREMY

Dear Friends,

By the time many of you receive this, Holy Week and Easter Sunday will have passed but, of course, Easter Sunday is only the start of the Easter Season which continues until Ascension Day on the 9<sup>th</sup> May.

As always seems to happen at this time of year the weather doesn't know what it wants to do, one moment you think Spring has finally come, and then it turns cold again. Yet the spring flowers are starting to appear in the gardens, heralding new life.

Over the Easter holiday we usually have some of our family to stay and when we get together, as we sit around the fire of an evening, we join with Lesley's mum in trying to complete the simple Times Crossword.

Sometimes they are very straight forward and before we can wade in she has completed them in a very short order. But on other occasions she gets stuck, and we dive in to bail her out. Occasionally we discover the problem is that one word is wrong and, when we solve it, all the others fall into place (although sometimes we have to resort to the help of Google).

Sometimes it's like that with people. We can't understand why someone is behaving in a particular way: then we learn something about their background or their problems, or their future hopes and plans, and everything makes sense.

On that first Good Friday, the disciples must have felt that nothing made sense any longer. They thought they had sorted out the puzzle about Jesus: he was the Messiah and surely very soon he would show his power, drive out the Romans and set up a new and just kingdom centred on Jerusalem. And then he was arrested and put to death as a common criminal, and their world fell apart.

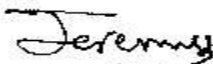
The key was discovered by some of them on that first Easter Sunday. The missing word for them was "Resurrection" and suddenly everything he had taught them, and everything he had said and done, all took on a new light and they could begin to sort out exactly who Jesus was and what it all meant.

Because Easter is about much more than just chocolate, however welcome it might be – especially if we have given it up for Lent! Easter is the festival when we remember Jesus' death by Crucifixion, his burial, and that God Resurrected him from the dead. Eggs do act as symbols of new life, which is why we have them at Easter, with the symbol of a broken egg reminding us of how Jesus broke out of death into a new resurrection life.

As a Christian I am convinced that through his death and resurrection Jesus has brought about a whole new start for us all with God who created us. In a world full of sadness, difficulty, pain and despair, the Easter message tells us that in God, through Jesus Christ, there is comfort, new life and hope for us all. The Easter message also tells us that death is NOT the last word and that we too have the hope of the resurrection to eternal life with all our loved ones who have gone before us.

May the Risen Lord Jesus fill your hearts and lives with his peace and his love this Eastertide and always.

Love



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Let us pray:

O Lord Jesus Christ,  
through your rising again hope has been renewed,  
joy has been restored  
and life has been re-created for this whole world.  
Give us grace in this season of celebration  
to rise to you in our hearts,  
that with prayer and song we may re-echo  
that hymn of joy which your Easter began,  
O Jesus Christ our Lord.  
Amen

## PRAYER CORNER

Come now, turn aside for a while from your daily employment, escape for a moment from the tumult of your thoughts. Put aside your weighty cares, let your burdensome distractions wait, free yourself for a while for God and rest awhile in him. Enter the inner chamber of your soul, shut out everything except God and that which can help you in seeking him, and when you have shut the door, seek him. Now, my soul, say to God, 'I seek your face; Lord it is your face that I seek.' Amen.

*Anselm (1033-1109)*

Please pray—

- For our government and political leaders, that those who govern may be governed by God's love. May those who lead be led by God's directing; and may the whole world come to know its need of God, by making us a caring world, honest in promises, far-sighted in the management of resources, and open-hearted in charitable giving.
- For all the countries that are going through conflict and political instability; we ask for peace, and that their citizens be free from fear and know stability once more.
- For all who are struggling financially; for those who are worried about how they will pay their bills, how they will afford to eat.
- For people throughout the world who struggle to get enough food. May God inspire us all to reach out with small acts of love, making a big difference, so that no one goes hungry.
- For our Benefice and Parishioners, especially those who are suffering with their health; and the recently bereaved.
- For our church buildings that funds may be found for their urgent repair.
- For the WILD-er Church and ECO Church initiatives.

## **DEANERY PILGRIMAGE BY BISHOP GRAHAM**

On Tuesday 9<sup>th</sup> April, Bishop Graham is visiting our Deanery for a Deanery Pilgrimage.

As part of the visit Bishop Graham will be walking between a few of the churches in the Deanery and people are invited, and warmly welcomed, to join the walk.

The walk will include walking from Felbrigg to Aylmerton Church where Bishop Graham will stop to meet members of the church community.

If you would like to accompany Bishop Graham on this part of the walk, then please arrive at Felbrigg for approximately 4.15pm.

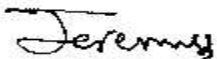
If you would like to meet and greet Bishop Graham on his arrival at Aylmerton Church, then please be there by approximately 5.00pm.

A simple service of Evening Prayer will be held at Holy Trinity Church, West Runton at 6.30pm followed by an opportunity to meet and speak with Bishop Graham.

We hope that as many people as possible from across the Deanery and Benefice will be able to attend.

If there are any amendments to this programme then I will publish the details on the Benefice website, and send out details in an e-mail.

In the meantime, please make a note of the date on your calendar or in your diary! We hope that as many of you as possible can come along and greet Bishop Graham.



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## **DATES FOR APCMs**

The Annual Parochial Church Meetings for the Quintet Benefice will take place as follows—

Beeston Regis	Sunday 28 <sup>th</sup> April at 12 Noon following on from the Eucharist
Aylmerton	Monday 29 <sup>th</sup> April at 2.00pm in the Church Hall, West Runton
Runton	Saturday 4 <sup>th</sup> May at 10:30am in the Church Hall, West Runton
Gresham	Sunday 5 <sup>th</sup> May at 12 Noon following on from the Eucharist

This is a meeting for everyone whose names are on the church Electoral Roll. It has a number of purposes including, but not limited to, receiving—

- an Annual Report on the proceedings of the PCC, and the activities of the parish generally during the previous calendar year;
- the financial statements of the PCC for the year ending 31<sup>st</sup> December of the previous calendar year;
- a report on the fabric, goods and ornaments of the church (“the Fabric Report”);
- a report on the proceedings of the Deanery Synod;
- a report on the implementation of the Safeguarding Policies.

At the meeting elections take place for—

- parochial representatives of the laity to the PCC; and
- parochial representatives of the laity to the Deanery Synod.

It is your Benefice so please do come along and take part in the meeting being held at your usual church of attendance.

Not on the Electoral Roll? Then please contact either Jeremy or Pam to obtain a Registration Form.

## **WALSINGHAM CELL OF OUR LADY AND HOLY TRINITY**

The next meeting of the Walsingham Cell of Our Lady and Holy Trinity is on Thursday 4<sup>th</sup> April when Fr David Paskins will be leading us in the Stations of the Resurrection.

On Thursday 2<sup>nd</sup> May we look forward to welcoming Fr Gary Gould as our speaker.

Both meetings will be held at Holy Trinity Church, West Runton at the later time of 7.00pm.

Please join us for our meetings and services; refreshments are served at the end.

**Pilgrimage:** From 1<sup>st</sup> to 3<sup>rd</sup> October, we are arranging a mid-week pilgrimage to the Shrine of Our Lady at Walsingham. The pilgrimage starts on Tuesday afternoon and finishes after lunch on the Thursday. There is also an option to just join us for a day pilgrimage on the Wednesday. Although October seems a long time away the pilgrimages are very popular, so if you are interested in joining us, or would like further details, please contact Ali Wharton by email [aliwharton@icloud.com](mailto:aliwharton@icloud.com) or mobile 07880 776720.

## **ANNUNCIATION OF OUR LORD TO THE BLESSED VIRGIN MARY**

The Feast of the Annunciation is usually held on 25<sup>th</sup> March, but it is moved when the date falls during Holy Week hence why it is being celebrated with a Service of Holy Communion on Monday 8<sup>th</sup> April at 10.00am at Holy Trinity Church, West Runton.

The Feast of the Annunciation marks the visit of the angel Gabriel to the Virgin Mary, during which he told her that she would be the mother of Jesus Christ, the Son of God. More importantly, since it occurs 9 months before the birth of Jesus on Christmas Day, the Annunciation marks the actual incarnation of Jesus Christ – the moment that Jesus was conceived and that the Son of God became the son of the Virgin.

## SUNDAY SERVICES IN THE BENEFICE FOR APRIL

	<b>Sunday 7<sup>th</sup> April</b>  <b>Easter 2</b>  <i>(White)</i>	<b>Sunday 14<sup>th</sup> April</b>  <b>Easter 3</b>  <i>(White)</i>	<b>Sunday 21<sup>st</sup> April</b>  <b>Easter 4</b>  <i>(White)</i>	<b>Sunday 28<sup>th</sup> April</b>  <b>Easter 5</b>  <i>(White)</i>
<b>St John the Baptist Aylmerton</b>		<b>9.15am</b> <i>Eucharist</i>		<b>9.15am</b> <i>Eucharist</i>
<b>All Saints Beeston Regis</b>	<b>9.15am</b> <i>Eucharist BCP</i>	<b>11.00am</b> <i>Eucharist</i>	<b>11.00am</b> <i>Family Service</i>	<b>11.00am</b> <i>Eucharist</i>
<b>St Andrew's East Runton</b>	<b>9.15am</b> <i>Eucharist</i>	<b>9.15am</b> <i>Morning Prayer</i>	<b>9.15am</b> <i>Eucharist</i>	<b>9.15am</b> <i>Eucharist</i>
<b>Holy Trinity West Runton</b>	<b>11.00am</b> <i>Sung Eucharist</i>	<b>11.00am</b> <i>Sung Eucharist</i>	<b>11.00am</b> <i>Sung Eucharist</i>	<b>11.00am</b> <i>Sung Eucharist</i>
<b>All Saints Gresham</b>	<b>11.00am</b> <i>Morning Worship</i>			

## ADDITIONAL SERVICES IN THE BENEFICE IN APRIL

Monday 8 <sup>th</sup> April Annunciation of Our Lord to the Blessed Virgin Mary	10.00am – Holy Trinity, West Runton Holy Communion
Tuesday 9 <sup>th</sup> April Deanery Visitation by Bishop Graham	6.30pm – Holy Trinity, West Runton Evening Prayer

**All Services which are held at Holy Trinity Church, West Runton can be joined via zoom by clicking on the link below:**

**<https://us02web.zoom.us/j/84751695104?pwd=Z2F3eVIQMENaaUdvMHhjVFZKK3I4QT09>**

**Meeting ID: 847 5169 5104**

**Passcode: 239946**



## READINGS FOR APRIL – YEAR B

<b>Sunday 7<sup>th</sup> April Easter 2</b>	<b>Acts 4. 32–35</b>	<b>1 John 1. 1–22</b>	<b>John 20. 19–31</b>
<b>Sunday 14<sup>th</sup> April Easter 3</b>	<b>Acts 3. 12–19</b>	<b>1 John 3. 1–7</b>	<b>Luke 24. 36–48</b>
<b>Sunday 21<sup>st</sup> April Easter 4</b>	<b>Acts 4. 5–12</b>	<b>1 John 3. 16–24</b>	<b>John 10. 11–18</b>
<b>Sunday 28<sup>th</sup> April Easter 5</b>	<b>Acts 8. 26–40</b>	<b>1 John 4. 7–21</b>	<b>John 15. 1–8</b>

## WEDNESDAY EUCHARISTS DURING APRIL ST ANDREW'S, EAST RUNTON AT 10.30AM

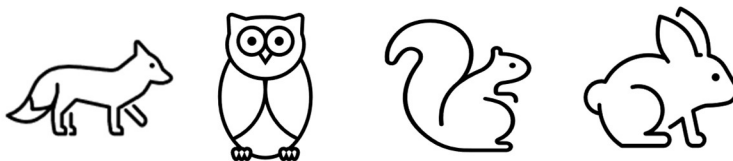
Wednesday 3 <sup>rd</sup> April	Barry Oake
Wednesday 10 <sup>th</sup> April	Paul Yeomans
Wednesday 17 <sup>th</sup> April	William Bestelink
Wednesday 24 <sup>th</sup> April	Jeremy Sykes

**PLEASE NOTE THAT THE DEADLINE FOR AN ITEM TO BE INCLUDED IN THE MAY EDITION OF QUINTET NEWS WILL BE FRIDAY 19<sup>TH</sup> APRIL 2024.**

Please contact Pam Thompson:

Telephone: 01263 510319

Email: [pamjthompson@outlook.com](mailto:pamjthompson@outlook.com)



## **WILD-er CHURCH EASTER SPECIAL**

Join us for:

**A CRACKING WILD-ER CHURCH EASTER SPECIAL  
ON SUNDAY 7<sup>TH</sup> APRIL FROM 2.30PM TO 4.30PM  
IN THE GROUNDS OF BEESTON HALL SCHOOL, NR27 9NQ**

*Carrot plus Easter Egg Hunt!*

*Easter Fun Nature Crafting!*

*Make an Easter Garden!*

*Dotty the Donkey Easter Trail!*

*Tasty Easter Treats!*

*'The Awesome Easter Surprise'*

*Storytelling from the Bible Society*

WILD Church is about Exploring Nature and so Encountering its Creator, God.

All ages welcome. We reach out especially to Families and Children. Children to bring an adult, please.

Dress appropriately for the weather with suitable footwear.

Entire event is free.

Car parking available.

Toilets may not be available on site but there is one in the church opposite.

For further information and to be put on the emailing list, contact Amanda Wooster on [jawooster20@gmail.com](mailto:jawooster20@gmail.com)

Also look out for our posts on Facebook All Saints Beeston Regis.

We would love you to join us. In the meantime, STAY WILD!

## ECO CHURCH @ BEESTON REGIS

Last month we told you about how All Saints Church in Beeston Regis had signed up to becoming an Eco Church and how, on embarking on this journey, it aims to learn from other Parishes who already have environmentally sustainable practices and hopes that its own work will bring wider benefits to the Benefice as a whole.


The Eco Church framework has 5 key areas for a church to show it is embedding creation care: Worship & Teaching, Buildings, Land, Community & Global Engagement plus Lifestyle.

In October 2022, Bishop Graham wrote:

“As followers of Christ from around the globe, we share a common call to care for creation. We are co-creatures, and part of all that God has made. Our wellbeing is interwoven with the wellbeing of the Earth.....we have an opportunity to take stock about how we safeguard our common home and all beings who share it.....Choosing to weave creation care through our prayer and action helps us to listen to God, as well as the voices of those made in God's image who are silenced.”

As Beeston Regis begins to take small steps on the Eco Church journey, it will be able to draw on the vast and diverse practical experiences of those who have gone before. It plans to get a group together in the local community to ascertain common interests, areas of specialism and discuss how to make Eco Church work in our context.

If you would like to know more then please contact Amanda Wooster, Eco Church Coordinator for All Saints, Beeston Regis on [jawooster20@gmail.com](mailto:jawooster20@gmail.com)

**ECO TIP FOR APRIL ** *(Taken from A Rocha UK's Easy Eco Tips 2024 Calendar)*

Fit more active travel into your day and daily routine. Re-evaluate your journeys: explore walking or cycling options, or modify your route to include some form of active travel, i.e. disembark a stop early and complete the remaining part of your journey on foot, indulge in a leisurely stroll, or opt for a bike ride along a cyclist-friendly route. Consider connecting with your local Ramblers or cycling group for shared experiences. Use the extra steps or the changed travel arrangements as a prompt to pray for God's creation, nature's preservation and the reduction in fossil fuel usage.

## NEWS FROM THE QUINTET BENEFICE

### AYLMERTON

**Food Bank** — Thank you to all those who contribute to the Foodbank. This month the Foodbank would appreciate donations of Long-Life Milk, Tinned Fish, Tinned Meat, Tinned Vegetables, Tinned Tomatoes, Tinned Fruit, Squash, Fruit Juice, Washing Up Liquid Shampoo. Please leave your donations in church.

### BEESTON REGIS

**Change to Time of Service** – The PCC agreed at its recent meeting to support a proposal to bring the 9.15am service in line with the times of its other 3 monthly services, i.e. 11.00am. This, it was believed, would make it easier for parishioners and visitors to recall start times and simplify publicity. Following consultation with those who typically attend the 9.15am service, the change will now be implemented as soon as is practical, most probably from the start of May. It should be noted that there will be no change to the format or style of the service – it is only the time that will change.

Thank you to the Ministry Team who have expressed willingness to adjust rotas and commitments to facilitate this change.

### EAST RUNTON

*A message from Jean Stewart:*

Our Lay Reader, Pam Thompson, devised and led a lovely service for Mothering Sunday with Peter Evans playing the organ. Jennifer Elton very kindly provided a pot of polyanthus for everyone in the congregation, a lovely gesture which she has done for a lot of years. Pam together with Jennifer's Grandson, Peter Lally, distributed the pots during the service. Thank you, Jennifer and Peter, for your kindness.

At the time of writing the Hot Cross Bun Coffee Morning has not taken place and so a report on that will be in the May edition of Quintet News.

## WEST RUNTON

Due to Monday 1<sup>st</sup> April being Easter Monday the next meeting of the “**3C’s Club**” will take place on **Monday 8<sup>th</sup> April** immediately following the Service of Holy Communion taking place at 10.00am for the Annunciation of Our Lord to the Blessed Virgin Mary. We look forward to seeing you there.

Our **Coffee Mornings** recommence on **Friday 5<sup>th</sup> April in the Church Hall, West Runton from 10.00am to 12 Noon** so do come along and enjoy some refreshment, a natter, and a couple of hours of relaxation.

**Lent Lunches** – Thank you to everyone who supported the Lent Lunches. At the time of writing we do not have a final figure of how much was raised but will report on this in the May edition of Quintet News.

## LOCAL NEWS

**Sheringham & District Philatelic Society** — Our March meeting had a varied menu. Members displayed material from the Australian Antarctic Territory, Commonwealth George V and VI – including an unusual military-use air cover, five famous women (celebrating World Women’s Day), penguins, Spanish postal labels and Australia 1970s and 1980s starting with Captain James Cook.

Clear lettering in designs was discussed – one Antarctic stamp seemed to read “*Home of the buzzard*”, which seemed odd, but with difficulty we could just decipher “*Home of the **blizzard***”. There was audible audience admiration for the women’s achievements, particularly when Elizabeth Garrett Anderson was mentioned. Seven types of penguins were imaginatively shown within a figure 7. Amongst the Spanish items was a design showing Queen Isabella dressed as a nun. All good fun.

Our next meeting takes place on **Monday 8<sup>th</sup> April at 7.30pm at the Church Hall, West Runton** and will include award-winning material featuring Morocco Agencies. All are welcome to attend!



**THE SHERINGHAM AND CROMER CHORAL SOCIETY'S  
NEXT CONCERT TAKES PLACE ON  
SATURDAY 27<sup>TH</sup> APRIL AT 4.00PM  
AT ST PETER'S CHURCH, SHERINGHAM  
WHEN THEY PERFORM  
*FAURÉ'S REQUIEM AND CANTIQUE DE JEAN RACINE,  
AND VIERNE'S MESSE SOLENNELLE***

The Choral Society are delighted to be joined by two local students as its soloists: Attia Law, the soprano soloist, is a pupil at Sheringham High School and is also a member of the North Norfolk Youth Chorus based at Sheringham Little Theatre. Jack Woodward is a student at Cromer Academy, and is the Baritone soloist.

Our Benefice is well represented in the Choral Society, so why not come along and support Barry and Diana Oake, Lesley Sykes, Pam Thompson (who is also the Chair of the Choral Society), Margaret Werrett, Judy Wilkinson, and Amanda Wooster. It will be a great afternoon.

Tickets are priced at £15 (under 18's Free) and are available from the Box Office, Sheringham Little Theatre (Tel: 01263 822347) or from the North Norfolk Visitor Centre, Cromer. Alternatively, please contact Pam Thompson on 01263 510319.

The Sheringham and Cromer Choral Society is open to singers of all voices and abilities. There is no audition for new members, and you have two free trial weeks.

Joining the choir offers the opportunity for less experienced singers to gain confidence and improve their singing whilst giving those with more experience opportunities to expand their repertoire and be challenged.

Rehearsals take place at St Andrew's Methodist Church, Cromer Road, Sheringham on Monday evenings from 7.00pm to 9.00pm.

Why not come along and give it a try – you can be assured of a warm welcome.

## WHAT'S ON?

DATE	VENUE AND EVENT
<b>THURSDAY</b> <b>4th APRIL</b> <b>7.00PM</b>	<b>WALSINGHAM CELL OF</b> <b>OUR LADY AND HOLY TRINITY</b> <b>HOLY TRINITY CHURCH, WEST RUNTON</b> Fr David Paskins will be leading us in the Stations of the Resurrection, followed by refreshments. All are welcome to attend.
<b>FRIDAY</b> <b>5<sup>TH</sup> APRIL</b> <b>10.00AM TO 12 NOON</b>	<b>COFFEE MORNING</b> <b>CHURCH HALL, WEST RUNTON</b> Come along and enjoy a coffee and a chat and help raise some funds!
<b>SUNDAY</b> <b>7<sup>TH</sup> APRIL</b> <b>2.30PM TO 4.30PM</b>	<b>WILD-ER CHURCH, EASTER SPECIAL</b> <b>GROUND OF BEESTON HALL SCHOOL</b> Come along and take part in the Easter Special.
<b>MONDAY</b> <b>8<sup>TH</sup> APRIL</b> <b>AFTER THE 10.00AM SERVICE</b>	<b>"3C's CLUB", HOLY TRINITY, WEST RUNTON</b> The "3C's Club" will meet for a "Coffee, Chat and Cleaning" session. <u>Please note that this will commence after the Service which is taking place at 10.00am.</u> Pop in and see us!!
<b>MONDAY</b> <b>8<sup>TH</sup> APRIL</b> <b>7.30PM</b>	<b>SHERINGHAM &amp; DISTRICT PHILATELIC SOCIETY, CHURCH HALL, WEST RUNTON</b> Come and join us for the evening which includes material featuring Morocco Agencies.
<b>TUESDAY</b> <b>9<sup>TH</sup> APRIL</b> <b>6.30PM</b>	<b>EVENING PRAYER</b> <b>AT HOLY TRINITY, WEST RUNTON</b> The Bishop of Norwich will have been visiting the Deanery for a Deanery Pilgrimage. Do come along and worship with Bishop Graham in this simple service of Evening Prayer and stay to speak to him afterwards.
<b>FRIDAY</b> <b>12<sup>TH</sup>, 19<sup>TH</sup> &amp; 26<sup>TH</sup> APRIL</b> <b>10.00AM TO 12 NOON</b>	<b>COFFEE MORNING</b> <b>CHURCH HALL, WEST RUNTON</b> Come along and enjoy a coffee and a chat and help raise some funds!

# THE BENEFICE OF AYLMEYTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: [www.quintetbenefice.com](http://www.quintetbenefice.com)

All 01263 Numbers except where stated

<b>The Revd. Jeremy Sykes</b>	<b>The Rectory, Cromer Road, West Runton NR27 9QT</b> <b>Email: <a href="mailto:Jeremy.Sykes@Dioceseofnorwich.org">Jeremy.Sykes@Dioceseofnorwich.org</a></b> <b><i>Usual Non-Working Day: Friday</i></b>	<b>837761</b>
<b><u>Acting</u></b>	<b>Mrs Pam Thompson</b>	<b>07942 279206</b>
<b><u>Benefice</u></b>	<b>The Rectory (Office), Cromer Road, West Runton NR27 9QT</b>	
<b><u>Administrator</u></b>	<b>Email: <a href="mailto:quintetchurchesnorfolk@gmail.com">quintetchurchesnorfolk@gmail.com</a></b>	
<b><u>Licensed Lay Minister (Reader)</u></b>		
	<b>Mrs Pam Thompson, 14 Yaxley Loke, Cromer NR27 0FG</b>	<b>510319</b>
<b><u>Churchwardens</u></b>		
<b>Aylmerton</b>	<b>Mrs C Burchett, 37 The Rise, Sheringham, NR26 8QR</b> <b>Vacancy</b>	<b>791442</b>
<b>Beeston Regis</b>	<b>Steve Oxenham, 16 Nelson Road, Sheringham, NR26 8BU</b> <b>Amanda Wooster, Email: <a href="mailto:jawooster20@gmail.com">jawooster20@gmail.com</a></b>	<b>824546</b> <b>07985 291930</b>
<b>Gresham</b>	<b>Mr R Batt, East Beckham Hall, Otters Lane, E. Beckham NR11 8GA</b> <b>Mr P Campbell, Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD</b>	<b>822234</b> <b>570281</b>
<b>East Runton</b>	<b>Miss J Steward, 78 Central Road, Cromer NR27 9BW</b> <b>Vacancy</b>	<b>512624</b>
<b>West Runton</b>	<b>Mr P Strudwick, 6 Nelson Road, Sheringham NR26 8BU</b> <b>Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QU</b>	<b>823657</b> <b>838121</b>
<b><u>PCC Secretaries</u></b>		
<b>Aylmerton</b>	<b>Mrs G Bestelink, 4 Francis Close, Cromer NR27 0HR</b>	<b>514045</b>
<b>Beeston Regis</b>	<b>Sarah Lambirth, Email: <a href="mailto:sarahlambirth@yahoo.co.uk">sarahlambirth@yahoo.co.uk</a></b>	<b>07720 839620</b>
<b>Runton</b>	<b>Linda Reynolds, Email: <a href="mailto:reynol2004@hotmail.com">reynol2004@hotmail.com</a></b>	
<b>Gresham</b>	<b>Vacancy</b>	
<b><u>PCC Treasurers</u></b>		
<b>Aylmerton/Gresham</b>	<b>Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QE</b>	<b>838121</b>
<b>Beeston Regis</b>	<b>Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU</b>	<b>512342</b>
<b>Runton</b>	<b>Mr M Freeman, Mid Summer House, The Hurn, West Runton NR27 9QS</b>	<b>837990</b>
<b><u>Gift Aid Officers</u></b>		
<b>Aylmerton/Gresham</b>	<b>Miss J Idiens, Breckwood, Tower Road, Aylmerton NR11 8QG</b>	<b>07775 622333</b>
<b>Beeston Regis</b>	<b>Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU</b>	<b>512342</b>
<b>Runton</b>	<b>Mr M Freeman, Mid Summer House, The Hurn, West Runton NR27 9QS</b>	<b>837990</b>
<b><u>Honorary Assistant Priests</u></b>		
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