

QUINTET NEWS

**FOR THE BENEFICE OF
AYLMERTON
BEESTON REGIS
GRESHAM
EAST & WEST RUNTON**

APRIL 2023

FREE

HELLO FROM JEREMY

Dear Friends,

“We’ll always have Paris, we didn’t have, we’d lost it, until you came to Casablanca, we got it back last night.”

Words spoken by Humphrey Bogart to Ingrid Bergman in one of my all-time favourite films, Casablanca.

Words that signify the resurrection of cynical bar owner Rick Blane as a fully functioning member of the human race again.

From being a young idealist fighting Fascists in Spain and Ethiopia, Rick had ended up as a world-weary nightclub owner, proud of the fact that “I stick my neck out for nobody”. He was spiritually dead and hollow inside after being abandoned by Ilsa the woman that he loved as he fled from Paris ahead of the advancing German army.

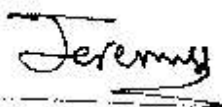
As the film progresses and Ilsa again comes into his life, slowly we see a transformation in Rick as he helps a young couple to escape from Casablanca, and engages in the fight against Nazi tyranny. His idealism is re-awakened and Rick becomes a thinking, feeling, loving human being again.

And probably he became a better person than he was before, because now despite his love for her, he is willing and able to give up Ilsa for her greater good and for the greater good of the world.

This is what resurrection is about, this is at the heart of the Easter story. The message of Easter is that through Christ, God resurrects us from our dust and ashes, makes us new creatures, and brings life out of death, life that is richer and fuller than it was before.

I wish you all a happy and blessed Easter.

With all my love and best wishes.



Jeremy

Let us pray—

Lord, we pray for your Church. As we spend these final few days preparing to enter into Holy Week, we pray that you would inspire our hearts afresh to draw close to you at this most sacred time.

Amen.

Lord, we pray for your Church, that we may greet our Lord with joy and have the courage to follow him to the Cross.

Amen.

Lord, we pray for your Church, that in this Easter season we may have the faith to know our Lord as risen indeed.

O Lord Jesus Christ,
through your rising again hope has been renewed,
joy has been restored and life has been re-created for this whole world.

Give us grace in this season of celebration
to rise to you in our hearts,
that with prayer and song we may re-echo
that hymn of joy which your Easter began,
O Jesus Christ our Lord.

Amen.

Lord, we pray for your Church, that together with the whole of creation we may rejoice in the Resurrection of Christ.

God of creation,
in love you brought this world into being and in mercy you called it to new life in your Son;
bless Christians throughout the world as we celebrate this Easter Feast, that it may be for us a season of encouragement, a time of thanksgiving and an inspiration to bring the gospel to others,
through the same Jesus Christ our Lord.

Amen.

PRAYER CORNER

In a world filled with chaos, we pray because prayer is the antidote to anxiety.

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus”.

Philippians 4: 6-7.

Please pray—

- For the people of Ukraine, Russia, Afghanistan, Syria, Turkey and Africa.
- For people throughout the world who struggle to get enough food. May God inspire us all to reach out with small acts of love, making a big difference, so that no one goes hungry.
- For our parish community: that we may be moved by God’s love to reach out to others in our turn, especially to those who are poor, so that no one may feel abandoned, forgotten or alone.
- For the Church throughout the world: that she may be a sign of God’s love for all people and a beacon of hope for all who are in need.
- For world leaders, that the Holy Spirit may guide them to speak out for what is right and take action to build a better future.
- For everyone who is sick or afraid, bereaved or isolated and we pray for all who support them. May God grant each of them peace and comfort, courage and perseverance.
- For our Benefice and Parishioners, especially those who are suffering with their health; and the recently bereaved.
- For our services across the Benefice that they will engage and connect with people in a special way.
- For Graham Wright as he prepares to be confirmed on Easter Day.
- For our Churchwardens – Connie, Jean, Peter, Rosemary, John, Peter and Robert.
- For our Churchwardens elect – Amanda and Stephen.
- For the Wild Church initiative.
- For the Open Book initiative.

SERVICES IN THE BENEFICE FOR HOLY WEEK

	St John the Baptist, Aylmerton	All Saints, Beeston Regis	St Andrew's East Runton	Holy Trinity West Runton	All Saints Gresham
Monday 3rd April				10.30am <i>Eucharist</i>	
Tuesday 4th April		10.30am <i>Eucharist</i>			
Wednesday 5th April			10.30am <i>Eucharist</i>		
Thursday 6th April Maundy Thursday				8.00pm <i>Commemoration of the Last Supper; Stripping of the Altar; and Vigil</i>	
Friday 7th April Good Friday	10.00am <i>A Service for Good Friday</i>	2.00pm <i>A Service for Good Friday</i>	10.00am <i>Procession of Witness to West Runton</i>	2.00pm <i>The Last Hour on the Cross</i>	
Saturday 8th April Easter Eve				8.00pm <i>Easter Vigil & Service of Light: First Communion of Easter</i>	

SERVICES IN THE BENEFICE FOR APRIL

	Sunday 2 nd April Palm Sunday <i>(Red)</i>	Sunday 9 th April Easter Sunday <i>(White)</i>	Sunday 16 th April Easter 2 <i>(White)</i>	Sunday 23 rd April Easter 3 <i>(White)</i>	Sunday 30 th April Easter 4 <i>(White)</i>
St John the Baptist Aylmerton		9.15am <i>Eucharist</i>		9.15am <i>Eucharist</i>	
All Saints Beeston Regis	9.15am <i>Eucharist BCP</i>	11.00am <i>Eucharist</i>	11.00am <i>Family Service</i>	11.00am <i>Eucharist</i>	
St Andrew's East Runton	9.15am <i>Eucharist</i>	9.15am <i>Eucharist & Confirmation</i>	10.30am <i>Eucharist</i>	9.15am <i>Eucharist</i>	
Holy Trinity West Runton	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	11.00am <i>Sung Eucharist</i>	
All Saints Gresham	11.00am <i>Morning Worship</i>	11.00am <i>Eucharist</i>			10.30am <i>Benefice Eucharist</i>

PLEASE NOTE:

THE STARTING TIME FOR THE EUCHARIST SERVICE AT ST ANDREW'S, EAST RUNTON ON THE THIRD SUNDAY OF EACH MONTH IS NOW 10.30AM INSTEAD OF 9.15AM

THERE IS A BENEFICE EUCHARIST ON SUNDAY 30TH APRIL AT 10.30AM AT ALL SAINTS, GRESHAM – DO PLEASE COME AND JOIN US

THE SERVICES HELD AT HOLY TRINITY CHURCH, WEST RUNTON CAN BE JOINED VIA ZOOM BY CLICKING ON THE LINK BELOW:

<https://us02web.zoom.us/j/84751695104?pwd=Z2F3eVIQMENaaUdvMHNjVFZKk3I4QT09>

Meeting ID: 847 5169 5104 Passcode: 239946

READINGS FOR APRIL – YEAR A

Sunday 2nd April Palm Sunday	<i>Liturgy of the Palms</i> Matthew 21. 1–11		
	<i>Liturgy of the Passion</i> Isaiah 50. 4–9a	Philippians 2. 5–11	Matthew 27. 11–54
Sunday 9th April Easter Sunday	Jeremiah 31. 1–6	Acts 10. 34–43	John 20. 1–18
Sunday 16th April Easter 2	Acts 2. 14a, 22–32	1 Peter 1. 3–9	John 20. 19–31
Sunday 23rd April Easter 3	Acts 2. 14a, 36–41	1 Peter 1. 17–23	Luke 24. 13–35
Sunday 30th April Easter 4	Acts 2. 42–47	1 Peter 2. 19–25	John 10. 1–10

WEDNESDAY EUCHARISTS AT 10.30AM AT ST ANDREW'S, EAST RUNTON

There is a midweek Benefice Eucharist at St Andrews, East Runton. We look forward to seeing you at 10.30am on—

Wednesday 5 th April	William Bestelink
Wednesday 12 th April	Jeremy Sykes
Wednesday 19 th April	Barry Oake
Wednesday 26 th April	William Bestelink

WALSINGHAM CELL OF OUR LADY AND HOLY TRINITY

Please note that there will be no meeting in April as it would fall in Holy Week.

The next meeting of the Walsingham Cell will, therefore, be on Thursday 4th May at 7.00pm at Holy Trinity Church, West Runton when, with great pleasure, we welcome back Bishop David Leake as our speaker. Everyone is welcome to join us.

For further information contact Ali Wharton, the Cell Secretary/Membership Secretary at aliwharton@icloud.com



JOIN US FOR A CRACKING EASTER SUNDAY SPECIAL @ WILD CHURCH SUNDAY 9TH APRIL FROM 3.00PM TO 4.30PM BEESTON HALL SCHOOL GROUNDS

Easter Egg Hunt & Trail *** Easter Fun Nature Crafting *** Music & Entertainment *** Tasty Treats from our Tuck Shoppe & 'The Awesome Easter Surprise' Storytelling from The Bible Society's Open the Book.

WILD Church is about Exploring God through encountering nature outdoors. All ages welcome. Especially we reach out to Families and Children. Children under the age of 7 to bring an adult. Dress appropriately for the weather with suitable footwear.

Entire event is free.

Please let us know if you are coming this time so we know how many Easter eggs to hide!

Text/Whats App Amanda on 07985 291930.

In the meantime, **STAY WILD!**

WHAT'S ON?

DATE	VENUE AND EVENT
SATURDAY 1ST APRIL 10.00AM TO 12 NOON	HOT CROSS BUN COFFEE MORNING ST ANDREW'S CHURCH, EAST RUNTON Join us for hot cross buns, cakes, refreshments, raffles and so much more!
SUNDAY 9TH APRIL 3.00PM TO 4.30PM	WILD CHURCH EASTER SUNDAY SPECIAL BEESTON HALL SCHOOL GROUNDS Easter Egg Hunt & Trail and much, much more! Come and enjoy the fun!
FRIDAY 14TH APRIL 10.00AM TO 12 NOON	COFFEE MORNING CHURCH HALL, WEST RUNTON Come along and enjoy a coffee and a chat and help raise some funds!
MONDAY 17TH APRIL 7.30PM	SHERINGHAM & DISTRICT PHILATELIC SOCIETY CHURCH HALL, WEST RUNTON Members will mount 10 sheet displays on any subject of their choice. All are welcome to come along and join us.
TUESDAY 18TH APRIL 10.45AM	LUNCHTIME CONCERT ALL SAINTS CHURCH, GRESHAM Come and have tea/coffee and cake followed by music!
FRIDAY 21ST & 28TH APRIL 10.00AM TO 12 NOON	COFFEE MORNING CHURCH HALL, WEST RUNTON Come along and enjoy a coffee and a chat and help raise some funds!

DEADLINE FOR MAY NEWSLETTER FRIDAY 21ST APRIL 2023

Please contact Pam Thompson if you would like an item included in the next Newsletter: Telephone: 01263 510319 Email: pamjthompson@outlook.com

NEWS FROM THE QUINTET BENEFICE

AYLMERTON

St John the Baptist's Churchyard — It is Connie's aim to do a "major" tidy in the churchyard when the early spring flowers have died down. Anyone interested in helping for a couple of hours at a weekend or evening (when the evenings are light!) please give Connie a ring on 01263 837647.

EAST RUNTON

A message from Jean:

On Sunday 12th March I was re-elected to serve for another year as Churchwarden, with responsibilities for St. Andrew's in East Runton. I regard this as a huge privilege to serve in this way, and promise to do my very best to honour the trust placed in me.

On Saturday 1st April there will be a Coffee Morning, in church, from 10.00am to 12 Noon, with hot cross buns to enjoy, and homemade cakes, raffle, tombola and much more.

There are many services throughout Holy Week and the wonderful period of Eastertide, not just in St. Andrew's, but throughout the Benefice, listed elsewhere in this Newsletter. Do come and join us, I can assure you of a warm welcome.

Wishing everyone many blessings and a happy and holy Easter.

WEST RUNTON

Lent Lunch — Thank you to everyone who has supported the Lent Lunches this year. They have been a great success and we will let you know how much has been raised next month.

Coffee Mornings — The Coffee Mornings will commence again on Friday 14th April in the Church Hall, West Runton from 10.00am to 12 Noon. Come along and enjoy a coffee and a chat and help raise some funds!

Bacon Butty Day — The proposed Bacon Butty Day which was to have taken place on Saturday 29th April has, unfortunately, had to be cancelled. But never fear! There will be a Bacon Butty Day in August!!

GRESHAM

Folk and Friends Evening — On Saturday 11th March we held our annual Folk and Friends evening in the Church. By candlelight we enjoyed songs, stories and poems. This is always a lovely concert and this year was no exception. We held a collection for the DEC appeal for victims of the recent earthquake and raised a fantastic £415. Thank you to all those who came and supported us.

Lunchtime Concert — On Tuesday 18th April we are holding a lunchtime concert of classical music in All Saints Church, Gresham. Coffee, tea and cake will be served from 10.45am, with music to follow. It is free of charge and everyone is welcome.

LOCAL NEWS

Sheringham and District Philatelic Society — “Further Postage Dues” was the title of the display presented to members at the March meeting – in itself, not that inspiring! However, Peter Watts’ infectious enthusiasm for his subject led to a most interesting and enjoyable evening. He has a huge collection and shared with us the history of GB Postage Dues (are these labels or stamps?) from when they started to be used in 1914, until they were replaced by yellow labels or a card through the door instructing the recipient to go to the Post Office and pay to claim the item. Other countries used Postage Dues from the mid to late 19th century. He also showed us examples from countries with names from A to Z, excluding only X. Peter’s particular fascination lies with untangling the stories of the postal journeys of envelopes (especially Wander Covers with 2 or more Postage Dues) with many stamps, labels, and marks upon them – a sort of detective work!

The next meeting is on Monday 17th April at 7.30pm at West Runton Church Hall, when members will mount 10 sheet displays on any subject of their choice.

Visitors welcome. Contact Andrew (Chairman) on 01263 513433 or Jim (Secretary) on 01263 721043.

THE BENEFICE OF AYLERTON, BEESTON REGIS, GRESHAM and RUNTON

Benefice Website: www.quintetbenefice.com

All 01263 Numbers except where stated

The Revd. Jeremy Sykes	The Rectory, Cromer Road, West Runton NR27 9QT Email: Jeremy.Sykes@Dioceseofnorwich.org <i>Usual Non-Working Day: Friday</i>	837761
<u>Acting</u>	Mrs Pam Thompson	07942 279206
<u>Benefice</u>	The Rectory (Office), Cromer Road, West Runton NR27 9QT	
<u>Administrator</u>	Email: quintetchurchesnorfolk@gmail.com	
<u>Licensed Lay Minister (Reader)</u>		
	Mrs Pam Thompson, 14 Yaxley Loke, Cromer NR27 0FG	510319
<u>Churchwardens</u>		
Aylmerton	Mr C Burchett, 44 Renwick Park West, West Runton NR27 9LX Vacancy	837647
Beeston Regis	Mr J Meikle, Shannock, Morley Road North, Sheringham NR26 8JB Vacancy	820364
Gresham	Mr R Batt, East Beckham Hall, Otters Lane, E. Beckham NR11 8GA Mr P Campbell, Yew Tree Cottage, 40 Holt Road, Gresham NR11 8AD	822234 570281
East Runton	Miss J Steward, 78 Central Road, Cromer NR27 9BW Vacancy	512624
West Runton	Mr P Strudwick, 6 Nelson Road, Sheringham NR26 8BU Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QU	823657 838121
<u>PCC Secretaries</u>		
Aylmerton	Mrs G Bestelink, 4 Francis Close, Cromer NR27 0HR	514045
Beeston Regis	Mr D Nightingale, 31 Abbey Park, Beeston Regis NR26 8SR	824389
Runton	Linda Reynolds, Email: reynol2004@hotmail.com	
Gresham	Vacancy	
<u>PCC Treasurers</u>		
Aylmerton/Gresham	Mrs R Large, Wild Orchids, The Common, West Runton NR27 9QE	838121
Beeston Regis	Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Mrs P May, Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Gift Aid Officers</u>		
Aylmerton/Gresham	Miss J Idiens, Breckwood, Tower Road, Aylmerton NR11 8QG	07775 622333
Beeston Regis	Mr M R Braybrook, Duart Lodge, Furze Hill, Cromer NR27 0HU	512342
Runton	Dr R May, Jesiam, Britons Lane, Beeston Regis NR26 8TR	822041
<u>Honorary Assistant Priests</u>		
The Revd. Canon W Bestelink	Email: wmcbestelink@btinternet.com Mobile: 07909 690073	514045
The Revd. Canon B Oake	Email: barryoake@gmail.com	514192
The Revd. P Baggaley	Email: patriciabaggaley@gmail.com	837490
The Rt Revd. D Leake	The Anchorage, Lower Common, East Runton NR27 9PG	513536
The Revd. D Paskins	8 Blackthorn Avenue, Holt NR25 6TY	715905
The Revd. Dr P Yeomans	Email: paul@yeomans.info	07437 203535